



SENIOR ADVISORY COMMISSION
Agenda for October 17, 2024 – 9:00am
NYA City Hall Council Chambers

SENIOR ADVISORY COMMISSION and PARTNERS

Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.

COMMISSION MEMBERS

Carolyn Durbin*, LaVonne Kroells*, Lois Schultz*, Tom Simmons*, Kay Hampshire*, Cathleen Williams*, Mary Spille*, Elroy Latzig*, Betty Settergren* Colleen Pawelk*, Eloise Swanson*, Darlene Smith-Lehrman*, Rosemary Solheid*

SENIOR HOUSING ADVISORS

Ranemma Walker – The Haven, Laurie Hilgers – The Harbor, Brenda Schmitz – Peace Villa, Ryker Anderson- Oak Grove

COMMUNITY/CITY REPRESENTATIVES

City Council Representative – Mike McPadden*, Karen Hallquist – City Hall, CC Sheriff Office Jesse Lee, CC Public Health, CC Library Laurel Bradshaw, NYA Fire Chief

(*) voting members

1. Call meeting to Order
2. Pledge of Allegiance
3. Oath of Office – Rosemary Solheid
4. Adopt Agenda
5. Approve minutes from August 15, 2024
6. Introductions, Presentations, and Public Comment

(Citizens may address the Senior Advisory Commission about any non-agenda item of concern. Speakers must state their name, address, and limit their remarks to three minutes. The Senior Advisory Commission will take no official action on these items but may refer the matter to staff for a future report or direct that the matter be scheduled for a future meeting.)

7. Updates

Monitor and expand housing options for seniors –

- 7.1 Senior Residence Updates
 - 7.1.1 Harbor / Haven
 - 7.1.2 Peace Villa
 - 7.1.3 Oak Grove

Provide safe options for seniors to get around –

- 7.2 City Bus Update
 - 7.2.1 Transit Link Circulators
 - 7.2.2 Last day of City Bus service October 30, 2024

Identify and promote education and social options for seniors –

- 7.3 NYA Senior Center
- 7.4 Carver County Public Health –
- 7.5 Carver County Sheriff's Department
- 7.6 NYA Fire Department
- 7.7 Carver County - NYA Library

8. Old Business

- 8.1 All Commissions on Aging Event – September 6, 2024
- 8.2 Technology Lunch & Learn – September 25, 2024
- 8.3 Move Mindfully – September 27, 2024

9. New Business

- 9.1 2024 Goal review, 2025 Goal discussion
- 9.2 Spring Dance – May 4, 2025 – Need Committee
- 9.3 Senior Planet

10. NYA City Council Update – Council Member Mike McPadden

11. Adjournment

Next Senior Advisory Meeting – Thursday, November 21, 2024 @ 9:00am @ City Hall

UPCOMING MEETINGS / EVENTS

October 28 th	Workshop/EDA/City Council Meeting	5:00 PM/6:00 PM
November 5 th	Election: City of NYA City Hall Council Chambers	7:30 AM to 8:00 PM
November 6 th	Planning and Zoning Commission Meeting	6:00 PM (Wednesday Meeting)
November 6 th	NYA Food Distribution	12:30-1:30 PM
November 11 th	Veteran’s Day—No City Council Meeting	No City Council Meeting
November 12 th	City Council Meeting	6:00 PM (Tuesday Meeting)
November 13 th	Economic Development Commission Meeting	6:00 PM
November 19 th	Park and Recreation Committee Meeting	5:30 PM
November 21 st	Sr. Advisory Meeting	9:00 AM

Senior Advisory Commission
August 15, 2024, 9am
Minutes

Commissioners In Attendance: Kay Hampshire, Betty Settergren, Cathleen Williams, LaVonne Kroells, Carolyn Durbin, Mary Spille, Elroy Latzig, Colleen Pawelk, Eloise Swanson, Mike McPadden, Darlene Smith-Lehrman,

Advisors in Attendance: Brenda Schmitz

Absent: Tom Simmons, Lois Schultz, Rosemary Solheid

Community/City Representatives: City Council Representative - Mike McPadden, Karen Hallquist – City Hall, Ryker Anderson, Oak Grove, Brenda Schmitz, Emanuel Ngabire, CCPH

Others:;

1. Call meeting to Order
 - Kroells called the meeting to order at 9:01 am.
2. Pledge of Allegiance
 - All present recited the Pledge of Allegiance
3. Oath of Office for Colleen Pawelk, Eloise Swanson, Darlene Smith-Lehrman
4. Adopt Agenda

Motion:CD/CW to approve the agenda. Motion passed 10-0.
5. Approve minutes from July 18, 2024

Motion: CW/KH to approve the minutes. Motion passed 10-0.
6. Introductions, Presentations, and Public Comment – none
7. Updates
 - Senior Residence Updates
 - 6.1.1 Harbor/Haven – 1 open, 1 reserved, Haven has 2 open, Memory Care has 1 open. Hiring for Resident Assistants for AM/PM, overnight and on-call positions.
 - 6.1.2 Peace Villa – Occupancy is 100%.
 - 6.1.3 Oak Grove – Occupancy is 100% with a waiting list of 50-60. National Night Out event was a success with prizes that included rent credits.
 - 6.2 City Bus Update –
 - Stiftungsfest Bus Run – Saturday, August 24th 1-5pm. Will stop at all three senior facilities every hour.
 - 7.1 NYA Senior Center – Next opening date Wed, September 18th – what is needed?
 - 7.2 Carver County Public Health –
 - 7.2.1 MN Elders Justice Center Caregiver Training – flyer provided
 - 7.2.2 Office of Aging – All-Commissions on Aging Annual Event – Friday, Sept 6th at the MN Landscape Arboretum – signup was at the meeting. Hallquist will RSVP. Ngabire confirmed that all cities in Carver County except Carver and Cologne will be present.
 - 7.3 Carver County Sheriff's Department - na
 - 7.4 NYA Fire Department - na
 - 7.5 Carver County - NYA Library
 - Lunch & Learn – technology In September organized by NYA Library – Wed, September 25th
 - Location: NYA Library
 - Lunch: Subway sandwiches, chips, cookie, water – paid for through SHIP
 - Time: 11am – 1pm
 - Topics: QR codes, Live Streaming, Online Library System
 - Registration available online or in person at the library
 - Set up will be at 10am – any commissioners who are able to help are welcomed.

New Business

 - 8.1 Move Mindfully
 - There is additional funding to help support another session. Hallquist will email out information on date/time.

Old Business

 - 9.1 Walking Track

- Latzig confirmed that seven times around the track is a mile. Hours are M-F 5:30am-7:30am and 4pm-9pm. Saturdays 8am-8pm.

10. NYA City Council Update -

Council Member Mike McPadden -

- Public hearing for the 4th Ave Project was held.
- Fee schedule was adjusted.
- Hwy 212 Groundbreaking was in June - many elected officials were present.
- Railroad Street has started.

Smith-Lehrman - commented on Senior Planet which is an AARP program. There are technology classes available online on August 19th and September 3rd. She will provide additional information for the October meeting.

11. Adjournment

Motion: KH/CW to adjourn at 10:13am. Motion passed 11-0.

Next Senior Advisory Meeting - No Meeting in September. Next meeting: Thursday, October 17, 2024 @ 9:00am @ City Hall.

Submitted by:

Karen Hallquist, Community & Economic Development Director



Norwood Young America Senior Advisory Commission 2024 Goals

1. **Monitor and expand housing options for seniors**
 - a. Receive updates on local senior facilities including Peace Villa, Oak Grove Residence, The Harbor, The Haven and Reflections
 - b. Reach out to local churches, organizations and businesses about senior assistance resources including Beyond the Yellow Ribbon
 - c. Support city research on additional senior housing and subsidized housing
 - d. Share AARP guide and moving resources to seniors via Senior Center, City Hall, newsletter to encourage aging in place at home

2. **Provide safe options for seniors to get around**
 - a. Monitor City of NYA bus trips
 - b. Work with SmartLink and city staff to schedule weekly shopping trips and quarterly outings.
 - c. Promote other means of transportation such as WE-CAB, TrailBlazer, etc.

3. **Identify and promote education and social options for seniors**
 - a. Host the NYA Senior Center at the Willkommen Memorial Park Pavilion on the first and third Wednesdays of each month from September to May
 - b. Organize three (3) "Lunch & Learns" topics/dates at the Pavilion
 - i. Chair Yoga
 - ii. TBD - spring
 - iii. TBD - fall **Partnership with NYA Library for understanding Technology**
 - c. Participate in the Move Mindfully for Seniors series
 - d. Share information from Carver County Public Health updates health-related concerns, food resources and senior citizen wellness
 - e. Share information from the Carver County Sheriff's Department about community concerns regarding senior citizens
 - f. Create a quarterly insert in the City Newsletter specifically addressing senior citizen topics
 - g. Utilize the NYA-TV to promote all Senior Advisory Commission activities
 - h. Advertise Senior events and NYA Senior Center in the Community Ed brochures
 - i. Organize a winter Senior Dance at the Pavilion
 - j. Research columbarium's for local city cemeteries
 - k. Provide Willkommen to NYA New Resident packets to Oak Grove and Peace Villa to give to new renters.

Commissioners are to discuss ideas for 2025 Goals.