



SENIOR ADVISORY COMMISSION

Agenda for September 21, 2023 – 9:00am
NYA City Hall Council Chambers

SENIOR ADVISORY COMMISSION and PARTNERS

Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.

COMMISSION MEMBERS

Carolyn Durbin*, LaVonne Kroells*, Lois Schultz*, Tom Simmons*, Kay Hampshire*, Cathleen Williams*, Mary Spille*, Elroy Latzig*, Betty Settergren*

SENIOR HOUSING ADVISORS

Ranemma Walker – The Haven, Laurie Hilgers – The Harbor, Brenda Schmitz – Peace Villa, Representative– Oak Grove

COMMUNITY/CITY REPRESENTATIVES

Alan Krueger*- City Council, Karen Hallquist – City Hall, Corp. Jordan Voigt –CC Sheriff Office, Dawn Plummer– CC Public Health
(*) voting members

1. Call meeting to Order

2. Pledge of Allegiance

3. Adopt Agenda

4. Approve minutes from August 17, 2023

5. Introductions, Presentations, and Public Comment

(Citizens may address the Senior Advisory Commission about any non-agenda item of concern. Speakers must state their name, address, and limit their remarks to three minutes. The Senior Advisory Commission will take no official action on these items but may refer the matter to staff for a future report or direct that the matter be scheduled for a future meeting.)

6. Updates

Monitor and expand housing options for seniors –

6.1 Senior Residence Updates

6.1.1 Harbor / Haven

6.1.2 Peace Villa

6.1.3 Oak Grove

Provide safe options for seniors to get around –

6.2 City Bus Update

Identify and promote education and social options for seniors -

6.3 NYA Senior Center – Open day!! Wed, Sept 20th – how did it go??

6.4 Carver County Public Health – Move Mindfully update

6.5 Carver County Sheriff's Department

7. New Business

7.1 Out & About Trip – Thursday, October 26th 10am-2pm to Cracker Barrel in Lakeville.

8. Old Business

8.1 County Wide Commission on Aging Meeting – Wed, August 30th 10am-Noon, MN Landscape Arboretum – Bus will leave from Oak Grove Center at 9:15am. – Update

8.2 Lunch & Learn Session Your Right to Stay: Assisted Living and Nursing Home Rights & Know Your Rights: Scams and Consumer Fraud on Wednesday, September 27th from 11am-1pm at the Pavilion. Lunch will be provided by SHIP - Subway sandwiches, chips, cookies, water. Advertising to go out in the city newsletter, NYA-TV, Facebook and word of mouth.

8.3 2024 Proposed Goals

9. NYA City Council Update

10. Adjournment

Next Senior Advisory Meeting – Thursday, October 19, 2023 @ 9:00am @ City Hall

UPCOMING MEETINGS / EVENTS

September 25	City Council Workshop/EDA/Council Meeting	5:00 PM/6:00 PM
October 3	Planning & Zoning	6:00 PM
October 10	City Council Meeting	6:00 PM (Tuesday night meeting)
October 11	Economic Development Commission Meeting	6:00 PM
October 17	Park and Recreation Commission Meeting	5:15 PM
October 19	Sr. Advisory	9:00 AM
October 23	City Council Workshop/EDA/Council Meeting	5:00 PM/6:00 PM
October 23-27	Manufacturers Week in the City of NYA!	



Senior Advisory Commission
July 20, 2023, 9am
Minutes

Commissioners In Attendance: LaVonne Kroells, Carolyn Durbin, Kay Hampshire, Elroy Latzig, Lois Schultz, Mary Spille, Betty Settergren, Tom Simmons, Alan Krueger

Advisors in Attendance:

Absent: Laurie Hilgers, Brenda Schmitz, Dawn Plummer (CCPH), Cathleen Williams

Community/City Representatives: Karen Hallquist (City), Deputy Jordan Voigt (Carver Co),

Others:

1. Call meeting to Order

- Kroells called the meeting to order at 9:05am.

2. Pledge of Allegiance

- All present recited the Pledge of Allegiance

3. Adopt Agenda

Motion: KH/CD to approve the agenda with the correction of 5. Motion passed. 9-0

4. Approve minutes from July 20, 2023

Motion: LS/BS to approve the minutes. Motion passed 9-0.

5. Introductions, Presentations, and Public Comment

(Citizens may address the Senior Advisory Commission about any non-agenda item of concern. Speakers must state their name, address, and limit their remarks to three minutes. The Senior Advisory Commission will take no official action on these items but may refer the matter to staff for a future report or direct that the matter be scheduled for a future meeting.)

6. Updates

6.1 Senior Residence Updates

- Harbor/Haven
- Hallquist shared and email update from Hilgers: Harbor has 6 open apartments 1 reserved, Haven 7 open, 1 reserved, Reflections is full. Looking for a FT Clinical Director, FT Cook, FT Marketing person, FT Maintenance Assistant/Housekeeper, FT, PT & On call Resident Assistants all shifts. Cornerstone took over the management of H/H on July 30. Banners are displayed outside at H/H. State was in both buildings August 7-10 doing their state survey.
- Peace Villa
 - Simmons shared that PV is 100% occupied. PV will be having an open house this fall.
- Oak Grove
 - Hampshire shared there are 6 units who gave notice, 2-3 have been committed plus there are additional showings. There are many options of housing accommodations. Residents are doing a Labor Day party.

6.2 City Bus Update -

- Working on an Out & About trip.

6.3 NYA Senior Center

- Next open date will be September 20, 2023.

6.4 Carver County Public Health

- none

6.5 Carver County Sheriff's Department

- Voigt reported that there has been some motor vehicle tampering in neighboring towns. Make sure to close garage doors and lock car doors. Sheriff's department will be present at Stiftungsfest.

7. New Business -

7.1 Lunch & Learn Session "Social Security Tips for Seniors & Assisted Living and Nursing Home Rights" on Wednesday, September 27th from 11am-1pm at the Pavilion. Lunch will be provided by SHIP - Subway sandwiches, chips, cookies, water. Advertising to go out in the city newsletter, NYA-TV, Facebook and word of mouth.

7.2 2023 Goals Review & 2024 Proposed Goals - Comments about the proposed goals included:

- Doing Chair Yoga in January for a Lunch & Learn
- Provide New Resident packets at Peace Villa and Oak Grove Center

- LK reported there is approximately \$600 left in the St. John's grant money that helps cover the cost of meals at the senior center.
- MS brought up the addition of a columbarium in one of the city cemeteries. This is something the Senior Advisory Commission could research and bring to the City Council. Hallquist will contact Emanuel Lutheran Church to ask info on their columbarium.
- All commissioners agreed not to participate in Music in the Park for 2024. It has become difficult for commissioners to help with the serving.
- TS brought up doing some intergenerational events such as a Senior Prom, Spring Fling, or Fall Ball. Hallquist will reach out to NHS.
- Hallquist shared that advertising in the Community Ed brochures comes at a cost.

Motion by TS/AK to recommend a budget of \$1,500 to help pay for advertising in the Dist 108 Comm Ed brochure, Lunch & Learn meals, NYA Senior Center needs, and to organize a winter Senior Dance. Motion passed 9-0.

8. Old Business

8.1 County Wide Commission on Aging Meeting – Wed, August 30th 10am-Noon, MN Landscape Arboretum – Bus will leave from Oak Grove Center at 9:15am.

9. NYA City Council Update

- Krueger shared the Council update:
 - Staffing changes in city hall office.
 - Council approved no cannabis use in public.
 - Railroad Street is proposed for street reconstruction in 2024.

Motion by KH/CD to adjourn. Motion passed 9-0.

Next Senior Advisory Meeting – Thursday, August 17, 2023 @ 9:00am @ City Hall

Submitted by:

Karen Hallquist, Community & Economic Development Director

Aging in Carver County



Source: 2021 ACS 1-year estimates

14,480

people over the
age of 65

38.6

median age

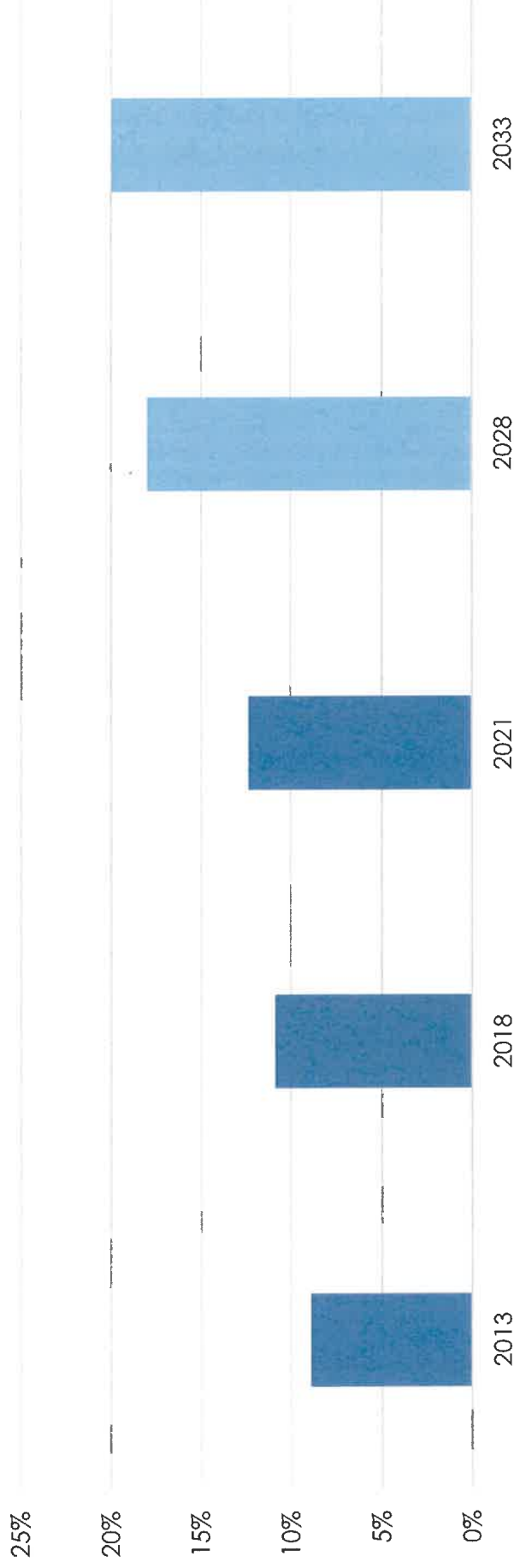
5,454

people over the
age of 75

Source: 2021 ACS 1-year estimates

People and Households

percent of population 65+



Source: 2021 ACS 5-year estimates; MN Demographic Center

24.3%

of households have
one or more people
65+

26.7%

of population 65+
has a disability

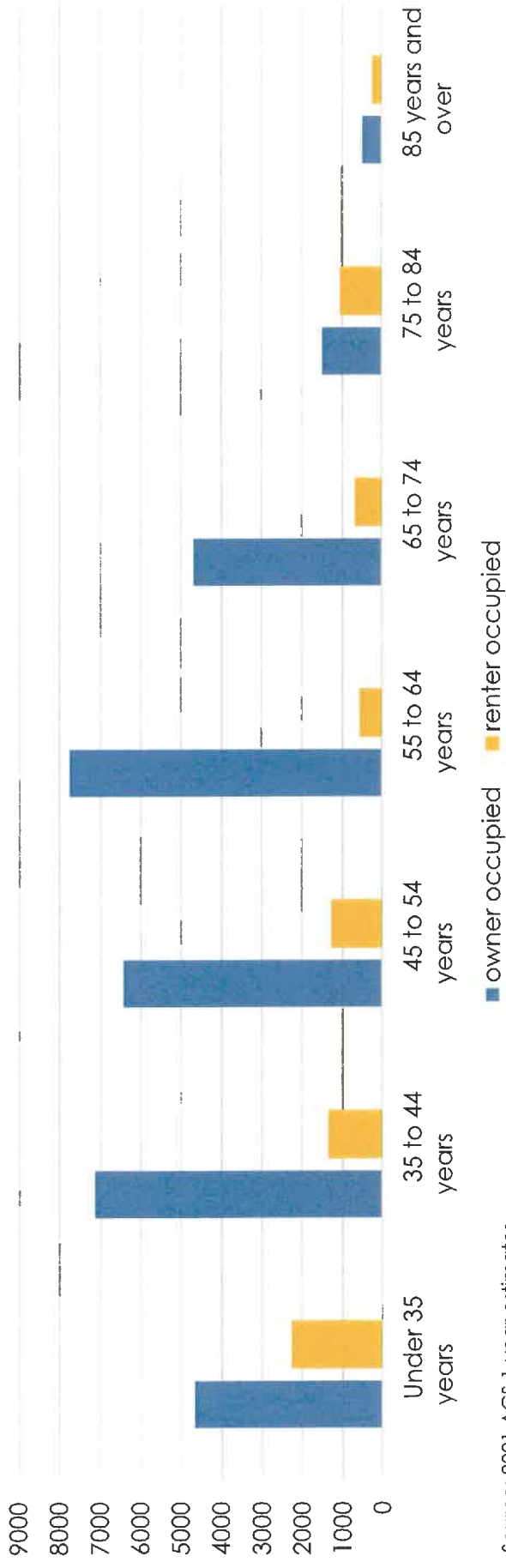
23.2%

of population 65+
are in the labor
force

Source: 2021 ACS 1-year & 5-year
estimates

Housing

owner vs renter occupancy



Source: 2021 ACS 1-year estimates

\$1,344

median gross rent

44.2%

of rental householders 65+ spending 30% or more of their income on gross rent

29.7%

of owner householders over 65 spending 30% or more of their income on selected monthly owner costs

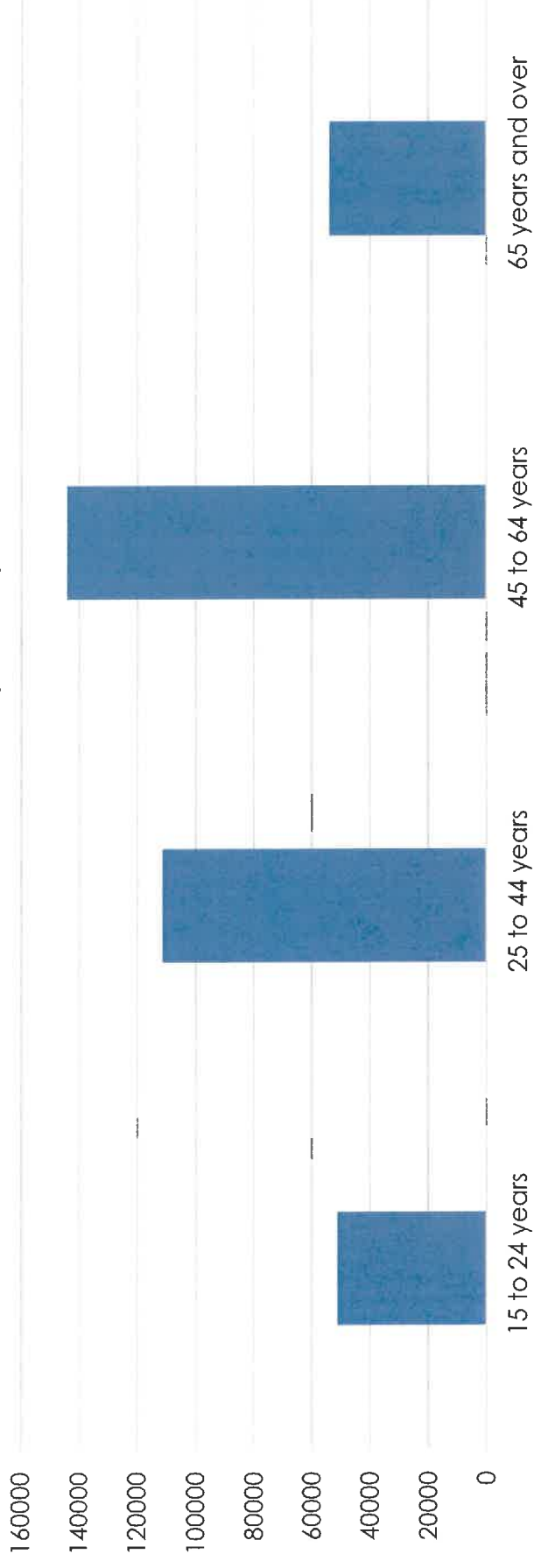
\$393,400

median housing value

Source: 2021 ACS 1-year & 5-year estimates

Income

median income (dollars)



Source: 2021 ACS 5-year estimates

6.4%

of people 65+ do not
have an internet
subscription

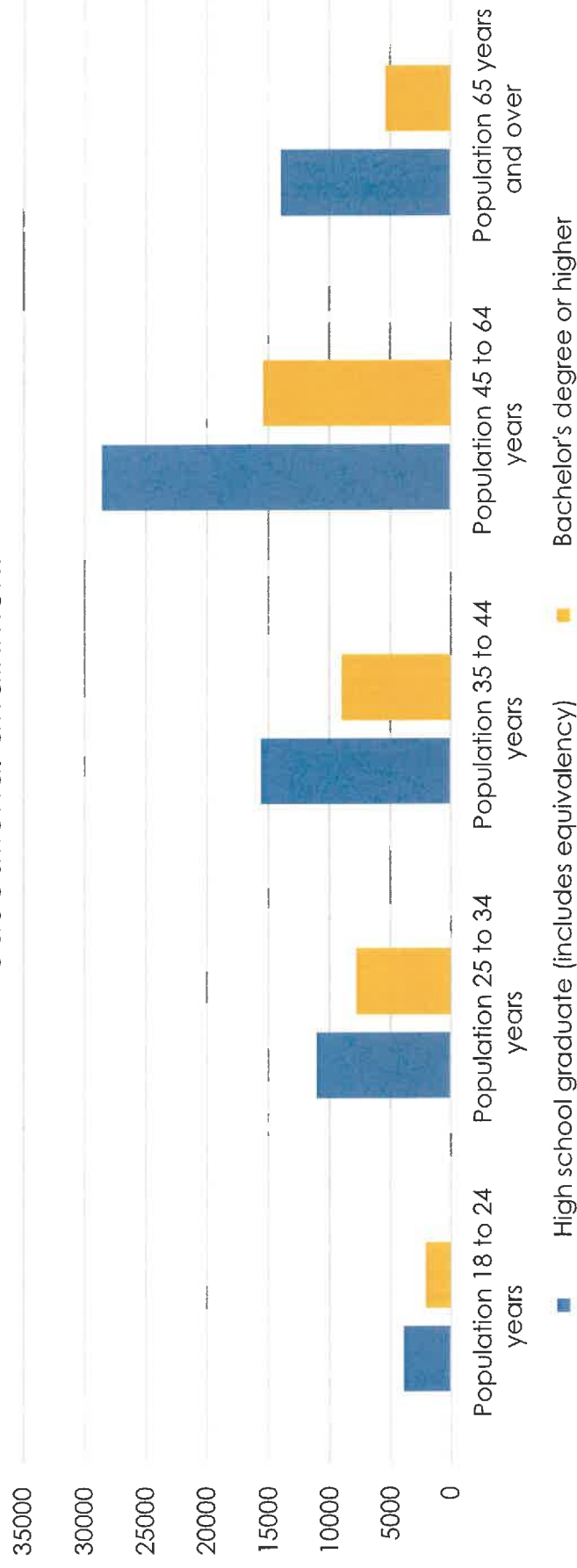
\$107,890

median household
income

Source: 2021 ACS 5-year estimates

Education

educational attainment



Source: 2021 ACS 1-year estimates

96.6%

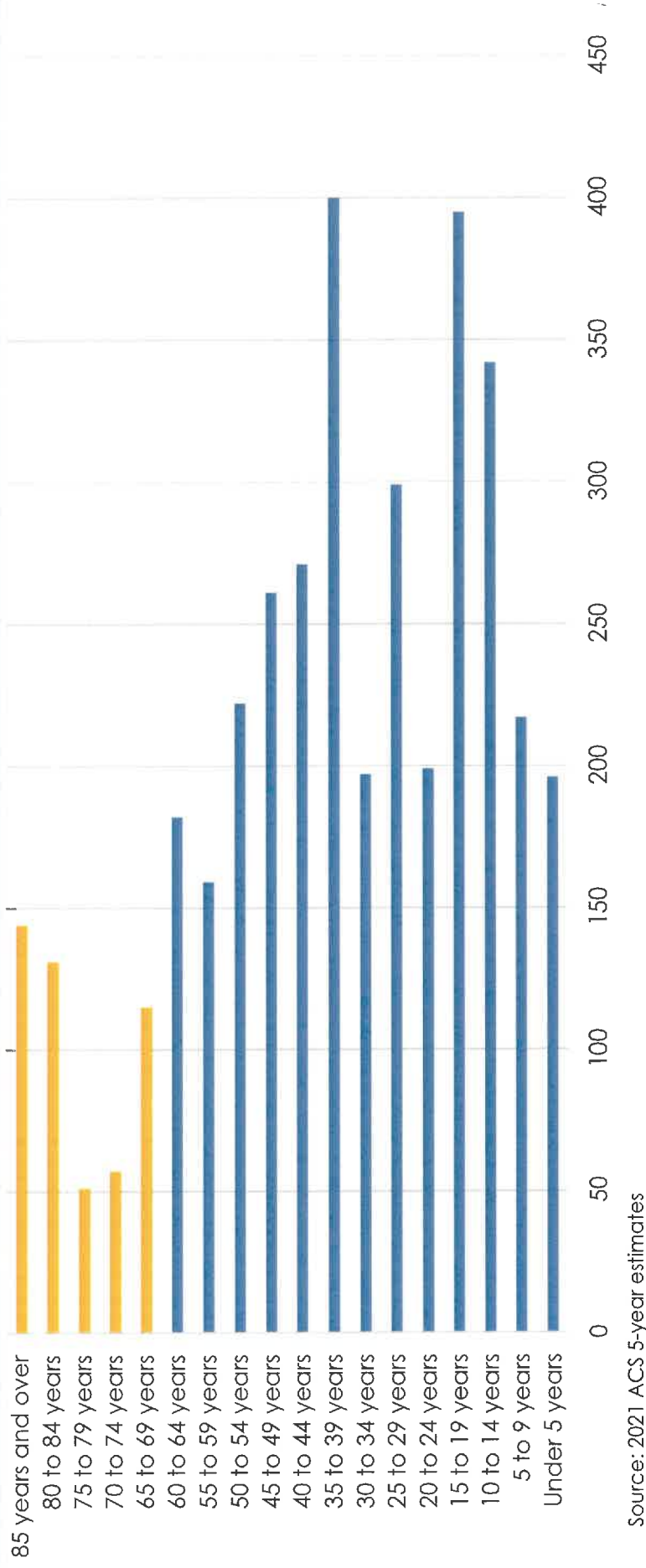
of population 65+ has a high school diploma or higher

37.2%

of population 65+ has a bachelor's degree or higher

Source: 2021 ACS 1-year estimates

Aging in Norwood Young America



498

people 65+

35.9

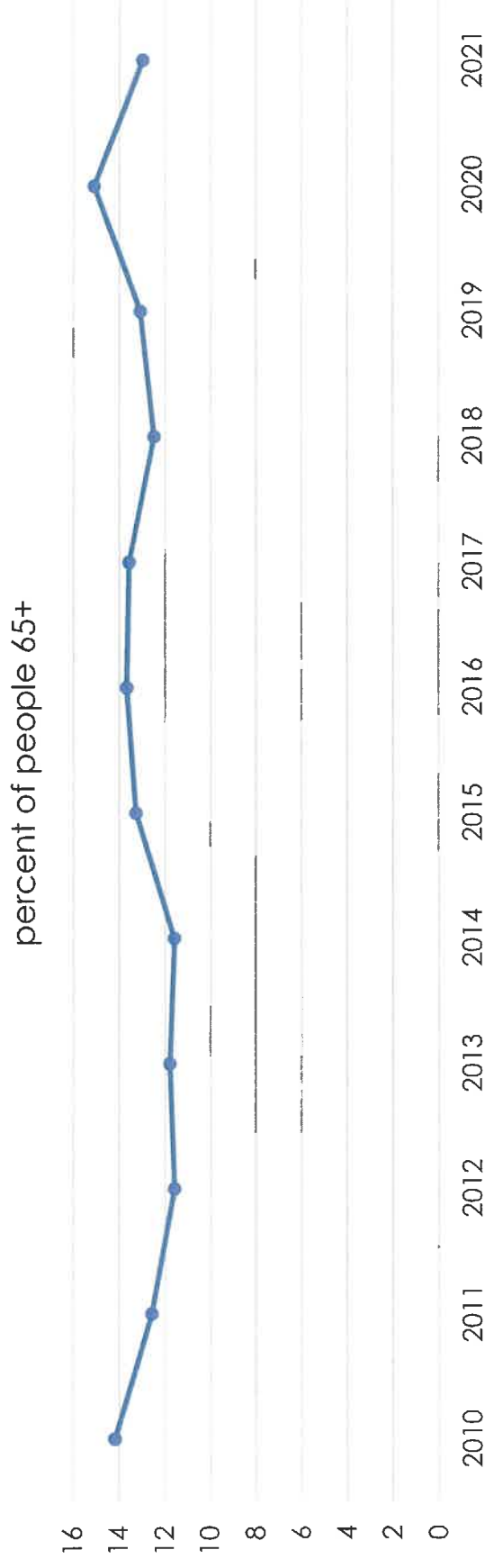
median age

326

people 75+

Source: 2021 ACS 5-year estimates

People and Households



Source: 2021 ACS 5-year estimates

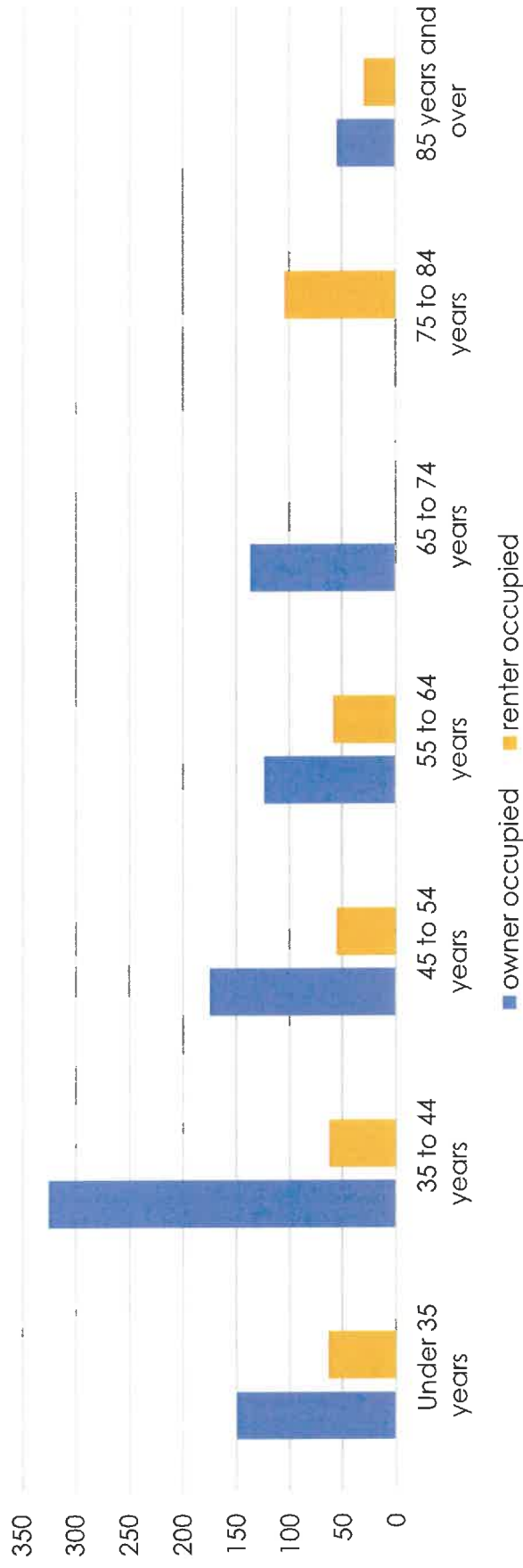
28.6%
of households have
one or more people
65+

49.4%
of population 65+
has a disability

13.8%
of householders
65+ are living alone

Housing

renter vs owner occupied housing units by age of householder



Source: 2021 ACS 5-year estimates

\$1,007

median gross rent

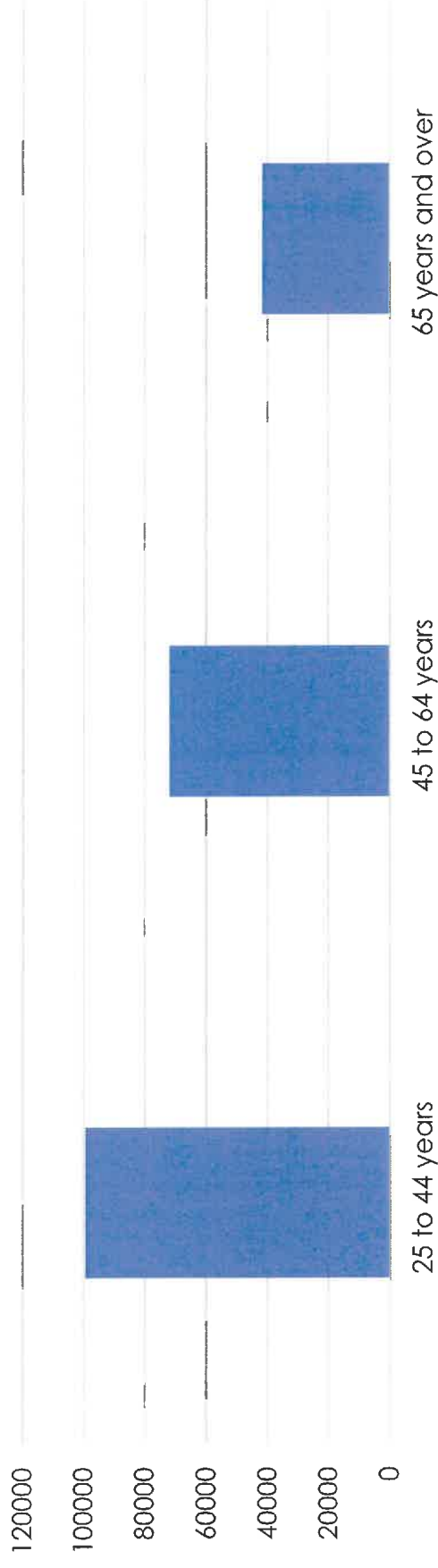
\$223,300

median value of
owner-occupied
units

Source: 2021 ACS 5-year estimates

Income

median income by age of householder



Source: 2021 ACS 5-year estimates



median income for
householder 65+

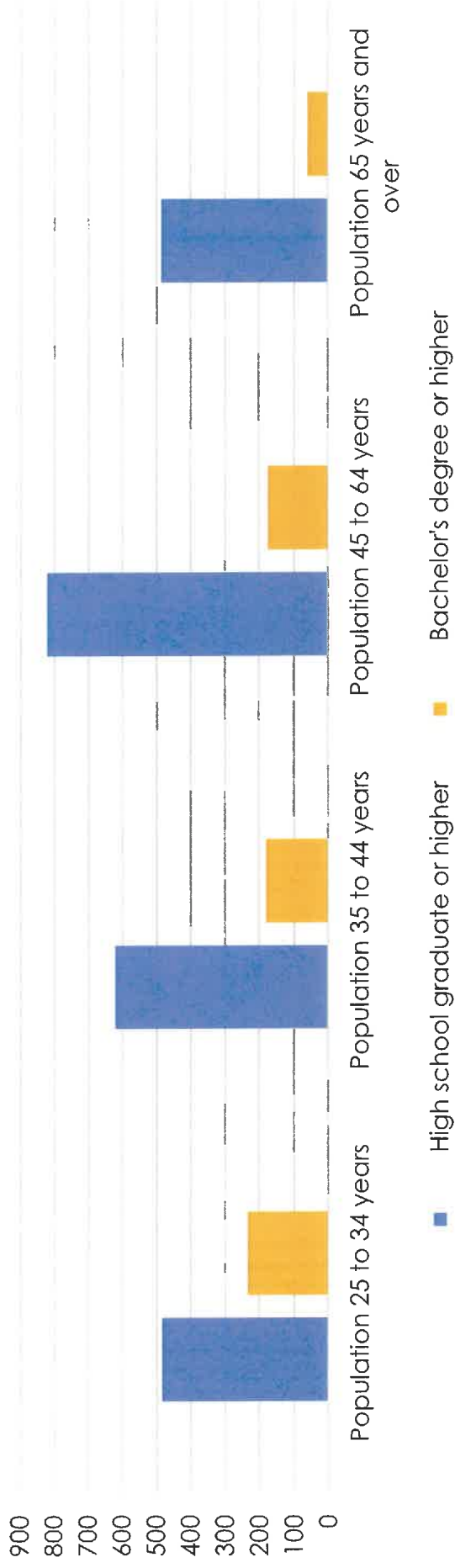


median household
income

Source: 2021 ACS 5-year estimates

Education

educational attainment



Source: 2021 ACS5-year estimates

97.8%

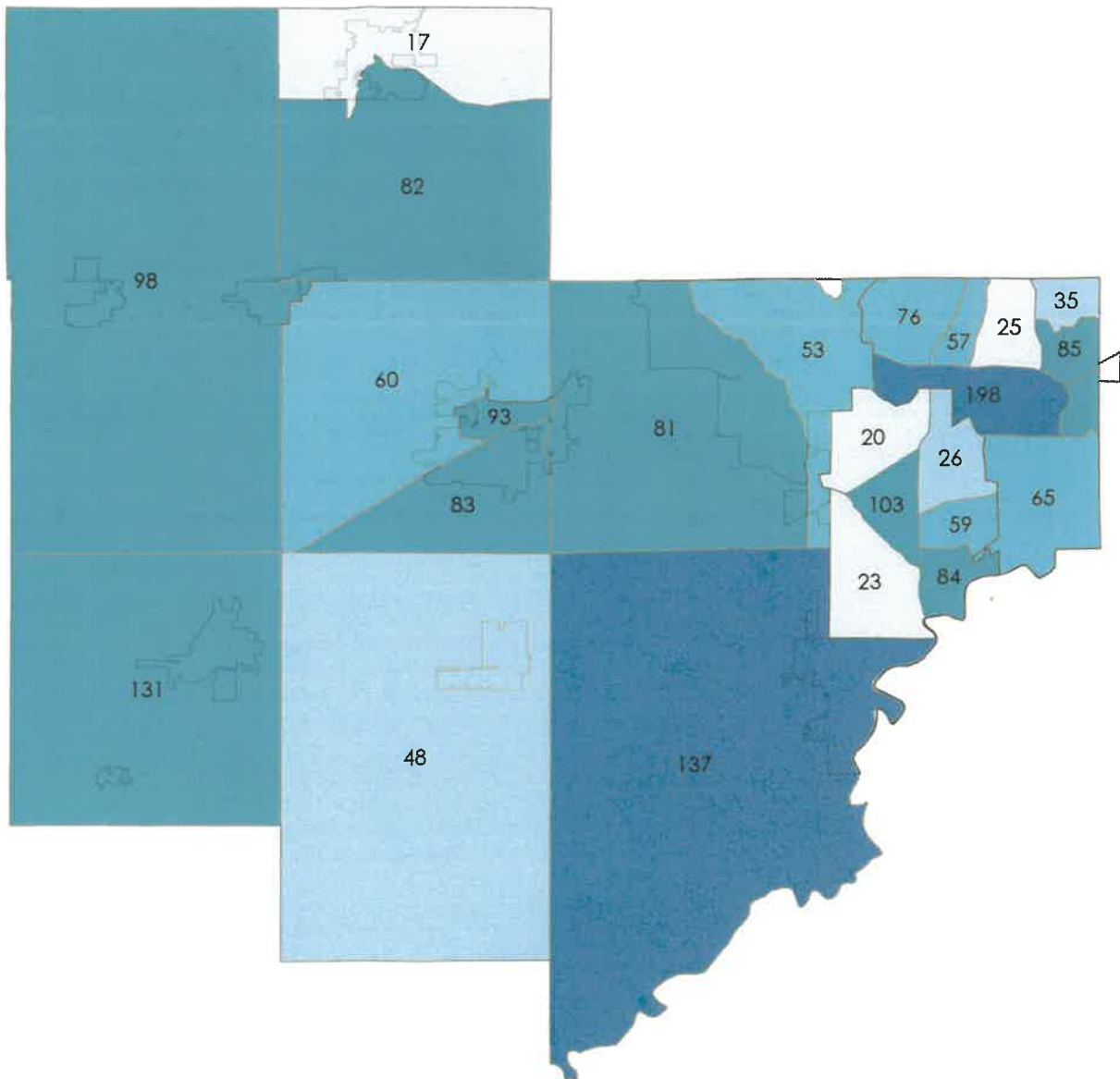
of population 65+ has a high school diploma or higher

12.0%

of population 65+ has a bachelor's degree or higher

Source: 2021 ACS 5-year estimates

Owner households 65+ spending 30% or more of their income on monthly owner costs

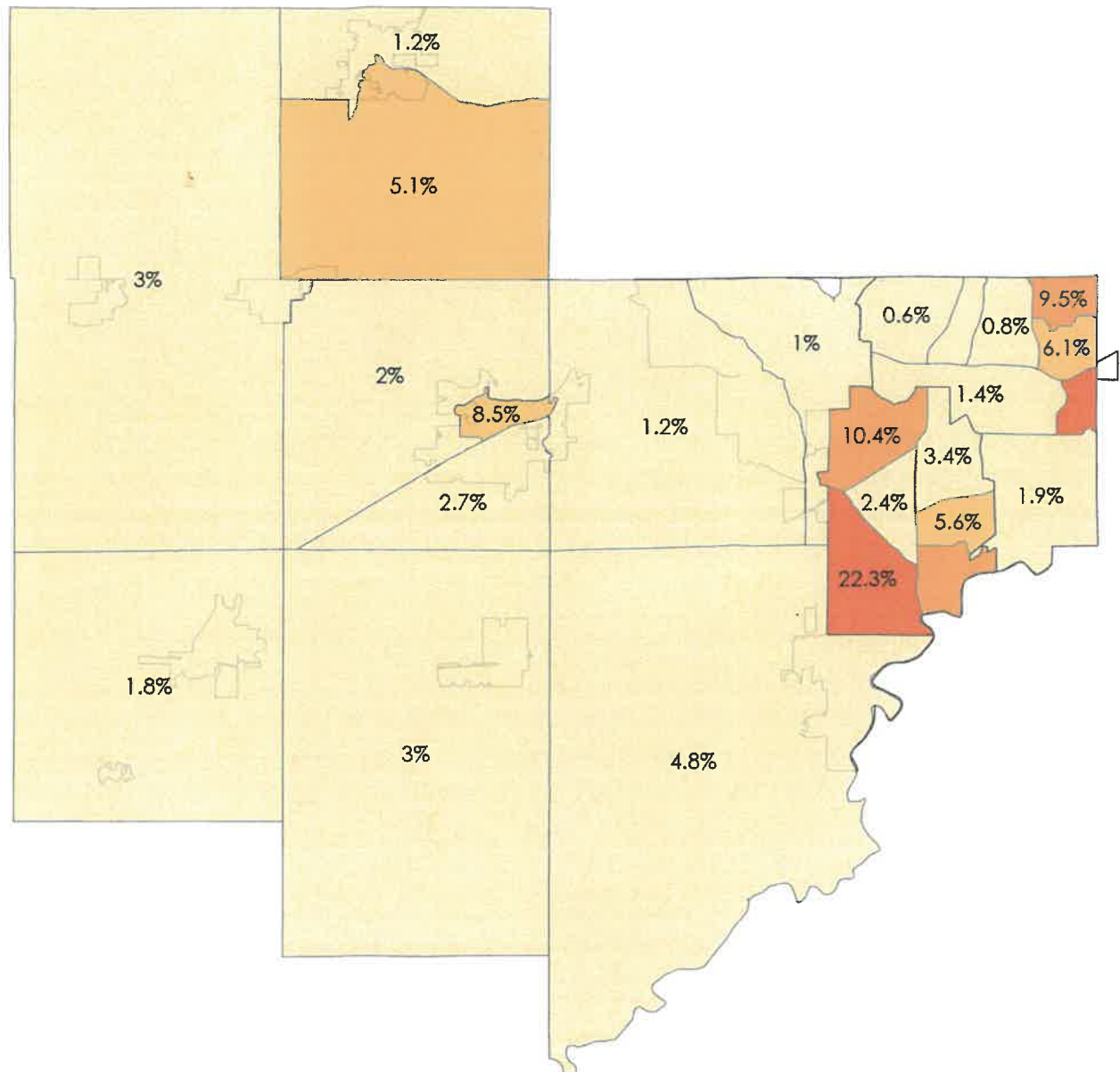


Legend

Owner households whose
householder is 65 years and over who
spend at least 30 percent of their
income on monthly owner costs

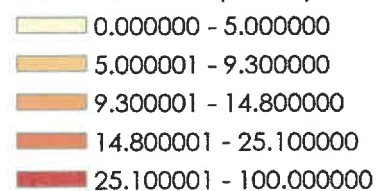
- 0 - 25
- 26 - 50
- 51 - 80
- 81 - 132
- 133 - 1016

Percent of Seniors whose income in the past 12 months is below poverty level



Legend

Percent of Seniors (60 years and over) whose income in the past 12 months is below poverty level





Norwood Young America Senior Advisory Commission 2024 Proposed Goals

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1. Monitor and expand housing options for seniors

- a. Receive updates on local senior facilities including Peace Villa, Oak Grove Residence, The Harbor, The Haven and Reflections
- b. Reach out to local churches, organizations and businesses about senior assistance resources including Beyond the Yellow Ribbon
- c. Support city research on additional senior housing and subsidized housing
- d. Share AARP guide and moving resources to seniors via Senior Center, City Hall, newsletter to encourage aging in place at home

2. Provide safe options for seniors to get around

- a. Monitor City of NYA bus trips
- b. Work with SmartLink and city staff to schedule weekly shopping trips and quarterly outings.
- c. Promote other means of transportation such as WE-CAB, TrailBlazer, etc.

3. Identify and promote education and social options for seniors

- a. Host the NYA Senior Center at the Willkommen Memorial Park Pavilion on the first and third Wednesdays of each month from September to May
- b. Organize three (3) "Lunch & Learns" topics/dates at the Pavilion
 - i. Chair Yoga - January
 - ii.
 - iii.
- c. Participate in the Move Mindfully for Seniors series
- d. Share information from Carver County Public Health updates health-related concerns, food resources and senior citizen wellness
- e. Share information from the Carver County Sheriff's Department about community concerns regarding senior citizens
- f. Create a quarterly insert in the City Newsletter specifically addressing senior citizen topics
- g. Utilize the NYA-TV to promote all Senior Advisory Commission activities
- h. Advertise Senior events and NYA Senior Center in the Community Ed brochures
- i. Organize a winter Senior Dance at the Pavilion
- j. Research columbarium's for local city cemeteries
- k. Provide Willkommen to NYA New Resident packets to Oak Grove and Peace Villa to give to new renters.

Recommended Motion

Motion to recommend approval of the 2024 NYA Senior Advisory Commission Goals.