



SENIOR ADVISORY COMMISSION
Agenda for August 17, 2023 – 9:00am
NYA City Hall Council Chambers

SENIOR ADVISORY COMMISSION and PARTNERS

Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.

COMMISSION MEMBERS

Carolyn Durbin*, LaVonne Kroells*, Lois Schultz*, Tom Simmons*, Kay Hampshire*, Cathleen Williams*, Mary Spille*, Elroy Latzig*, Betty Settergren*

SENIOR HOUSING ADVISORS

Ranemma Walker – The Haven, Laurie Hilgers – The Harbor, Brenda Schmitz – Peace Villa, Representative- Oak Grove

COMMUNITY/CITY REPRESENTATIVES

Alan Krueger*- City Council, Karen Hallquist – City Hall, Corp. Jordan Voigt –CC Sheriff Office, Dawn Plummer– CC Public Health
(*) voting members

1. Call meeting to Order

2. Pledge of Allegiance

3. Adopt Agenda

4. Approve minutes from July 20, 2023

5. Introductions, Presentations, and Public Comment

(Citizens may address the Senior Advisory Commission about any non-agenda item of concern. Speakers must state their name, address, and limit their remarks to three minutes. The Economic Development Commission will take no official action on these items but may refer the matter to staff for a future report or direct that the matter be scheduled for a future meeting.)

6. Updates

Monitor and expand housing options for seniors -

6.1 Senior Residence Updates

6.1.1 Harbor / Haven

6.1.2 Peace Villa

6.1.3 Oak Grove

Provide safe options for seniors to get around -

6.2 City Bus Update

Identify and promote education and social options for seniors -

6.3 NYA Senior Center – Next open day is Wed, Sept 20th

6.4 Carver County Public Health

6.5 Carver County Sheriff's Department

7. New Business

7.1 Lunch & Learn Session "Social Security Tips for Seniors & Assisted Living and Nursing Home Rights" on Wednesday, September 27th from 11am-1pm at the Pavilion. Lunch will be provided by SHIP - Subway sandwiches, chips, cookies, water. Advertising to go out in the city newsletter, NYA-TV, Facebook and word of mouth.

7.2 2023 Goals Review & 2024 Proposed Goals

8. Old Business

8.1 County Wide Commission on Aging Meeting – Wed, August 30th 10am-Noon, MN Landscape Arboretum – Bus will leave from Oak Grove Center at 9:15am.

9. NYA City Council Update

10. Adjournment

Next Senior Advisory Meeting – Thursday, September 21, 2023 @ 9:00am @ City Hall

UPCOMING MEETINGS / EVENTS

August 28	City Council Workshop/EDA/Council Meeting	5:00 PM/6:00 PM
September 5	Planning Commission Meeting	6:00 PM
September 11	City Council Meeting	6:00 PM
September 13	Economic Development Commission Meeting	6:00 PM
September 19	Park and Recreation Commission Meeting	5:15 PM
September 21	Sr. Advisory	9:00 AM
September 25	City Council Workshop/EDA/Council Meeting	5:00 PM/6:00 PM

Senior Advisory Commission
July 20, 2023, 9am
Minutes

Commissioners In Attendance: LaVonne Kroells, Carolyn Durbin, Kay Hampshire, Elroy Latzig, Lois Schultz, Mary Spille, Cathleen Williams, Betty Settergren, Tom Simmons

Advisors in Attendance: Brenda Schmitz

Absent: Laurie Hilgers, Alan Krueger

Community/City Representatives: Karen Hallquist (City), Dawn Plummer (CCPH), Deputy Jordan Voigt (Carver Co),

Others:

1. Call meeting to Order
 - Kroells called the meeting to order at 9:00 am.

2. Pledge of Allegiance
 - All present recited the Pledge of Allegiance

3. Adopt Agenda

Motion: CW/CD to approve the agenda with the correction of 5. Motion passed.10-0

4. Approve minutes from May 18, 2023

Motion: CD/KH to approve the minutes. Motion passed 10-0.

5. Introductions, Presentations, and Public Comment

(Citizens may address the Economic Development-Senior Advisory Commission about any non-agenda item of concern. Speakers must state their name, address, and limit their remarks to three minutes. The Economic Development Commission will take no official action on these items but may refer the matter to staff for a future report or direct that the matter be scheduled for a future meeting.)

6. Updates

- 6.1 Senior Residence Updates

- a. Harbor/Haven

- Hallquist shared and email update from Hilgers: Harbor has 8 open apartments 3 reserved, Haven 7 open, 2 reserved, Reflections is full. Looking for a FT Resient Services Coordinator, a FT Cook and a FT Marketing person. Latest new business: "The city council and Peace Villa board have each signed management agreements with Cornerstone Management Services, LLC out of Rochester MN to manage the Harbor and the Haven and to employ our team members. Ecumen and Cornerstone have been working diligently together to make the transition as smooth as possible for the Harbor and the Haven. Cornerstone will take over on July 30, 2023. A little intro to Cornerstone...*Cornerstone Management Services, located in Rochester, Minnesota, brings a unique blend of management experience, passion for residents, entrepreneurial spirit, and family values to an organization. With more than 15 years of experience managing senior living, multi-family, and commercial properties, we feel certain we will be able to exceed your expectations and always welcome any comments, suggestions, and requests.*

- b. Peace Villa

- Schmitz shared that PV is 100% occupied and the waiting list is growing. PV will be having an open house this fall. Guests are welcome to check out the new community spaces.

- c. Oak Grove

- Hampshire shared there is a 1 bed/den and 2 bed/2 bath open. Starting Sept 3rd, there will be a few more open apartments due to transitioning to assisted living. They held a potluck in July, August 1st is a National Night Out lunch, and Aug 2nd is booster vaccines.

- 6.2 City Bus Update -

- There were 7 people on the last shopping trip, Bus will be going to the Corn Feed on July 23rd, National Night Out on Aug 1st and Stiftungsfest on Sat, Aug 26th. All roundtrip rides are \$3 each.

- 6.3 NYA Senior Center

- Next open date will be September 20, 2023.

- 6.4 Carver County Public Health

- Plummer shared that the County Wide Commission on Aging Meeting on Wed, Aug 30th from 10am - noon at the MN Landscape Arboretum. This is an opportunity for Carver Co Senior Commissions to network and share ideas. Hallquist shared the city bus will take commissioners at no cost. Plummer asked if the NYA Library could attend meetings to give a monthly update.

- 6.5 Carver County Sheriff's Department

- Voigt shared information on emergency vs. non-emergency.

7. New Business –
 - 7.1 County Wide Commission on Aging Meeting – See 6.4.
8. Old Business
 - 8.1 Music in the Park – SAC & Peace Villa Sponsoring on Thurs, June 29th (The Castaways)
 - Schulz shared that there were about 100 people in attendance, however, they only had enough treats and bags to serve 75. Next year need to plan for extras plus have the boy scouts or Stiftungsfest Ambassadors help with distributing.
9. NYA City Council Update
 - Hallquist shared the Council updates on the following list in Krueger’s absence:
 - Cornerstone Management started.
 - Masonic building – in district court.
 - Copper Canyon Bar & Grill opening soon in former Unhinged building.
 - Crown of Life Photography – new business on Main Street in construction.
 - Old Town – contract with RAM starts August 30th.

Motion by TS/CD to adjourn. Motion passed 10-0.

Next Senior Advisory Meeting – Thursday, August 17, 2023 @ 9:00am @ City Hall

Submitted by:

Karen Hallquist, Community & Economic Development Director



Norwood Young America Senior Advisory Commission 2023 Goals Review

1. Monitor and expand housing options for seniors

- a. Receive updates on local senior facilities including Peace Villa, Oak Grove Residence, The Harbor, The Haven and Reflections
- b. Reach out to local churches, organizations and businesses about senior assistance resources including Beyond the Yellow Ribbon
- c. Support city research on additional senior housing and subsidized housing
- d. Share AARP guide and moving resources to seniors via Senior Center, City Hall, newsletter to encourage aging in place at home

2. Provide safe options for seniors to get around

- a. Monitor City of NYA bus trips
- b. Create an annual bus outing schedule and advertise in Community Ed brochures, City Newsletter, flyers and NYA-TV
- c. Work with SmartLink and city staff to schedule weekly shopping trips and quarterly outings
- d. Select "out & about" trips quarterly

3. Identify and promote education and social options for seniors

- a. Host the NYA Senior Center at the Willkommen Memorial Park Pavilion on the first and third Wednesdays of each month from September to May
- b. Organize three "Lunch & Learns" topics and dates at the NYA Senior Center
 - i. Chair Yoga for Seniors – Wed, January 25, 2022, 11am – 1pm at Pavilion
 - ii. SMRLS "Social Security Tips for Seniors & Assisted Living and Nursing Home Rights" – Wed, May 24, 2022, 11am – 1pm at Pavilion
 - iii. SMRLS "Know Your Rights: Health Care Directives & Powers of Attorney and Tips to Avoid Probate" – Wed, September 27, 2022, 11am-1pm at Pavilion
- c. Share information from Carver County Public Health updates about COVID-related concerns, food resources and senior citizen wellness
- d. Share information from the Carver County Sheriff's Department about community concerns regarding senior citizens
- e. Create a quarterly insert in the City Newsletter specifically addressing senior citizen topics
- f. Utilize the NYA-TV to promote all Senior Advisory Commission activities
- g. Partner with Peace Village to sponsor a Music in the Park night – Contact Community Ed
- h. Advertise Senior events and NYA Senior Center in the Community Ed brochures
- i. Support the atrium/walking track at Central Public Schools



Norwood Young America Senior Advisory Commission 2024 Proposed Goals

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1. **Monitor and expand housing options for seniors**
 - a. Receive updates on local senior facilities including Peace Villa, Oak Grove Residence, The Harbor, The Haven and Reflections
 - b. Reach out to local churches, organizations and businesses about senior assistance resources including Beyond the Yellow Ribbon
 - c. Support city research on additional senior housing and subsidized housing
 - d. Share AARP guide and moving resources to seniors via Senior Center, City Hall, newsletter to encourage aging in place at home

2. **Provide safe options for seniors to get around**
 - a. Monitor City of NYA bus trips
 - b. Work with SmartLink and city staff to schedule weekly shopping trips and quarterly outings.
 - c. Promote other means of transportation such as WE-CAB, TrailBlazer, etc. ****NEW****

3. **Identify and promote education and social options for seniors**
 - a. Host the NYA Senior Center at the Willkommen Memorial Park Pavilion on the first and third Wednesdays of each month from September to May
 - b. Organize _#_____ "Lunch & Learns" topics and dates at the Pavilion ****NEW****
 - i.
 - ii.
 - iii.
 - c. Participate in the Move Mindfully for Seniors series ****NEW****
 - d. Share information from Carver County Public Health updates health-related concerns, food resources and senior citizen wellness
 - e. Share information from the Carver County Sheriff's Department about community concerns regarding senior citizens
 - f. Create a quarterly insert in the City Newsletter specifically addressing senior citizen topics
 - g. Utilize the NYA-TV to promote all Senior Advisory Commission activities
 - h. Partner with Peace Village to sponsor a Music in the Park night
 - i. Advertise Senior events and NYA Senior Center in the Community Ed brochures ****NEW****
 - j. Organize a winter Senior Dance at the Pavilion ****NEW****

Motion to recommend a budget of \$1,500 to help pay for advertising in the Dist 108 Comm Ed brochure, Lunch & Learn meals, NYA Senior Center needs, and to organize a winter Senior Dance.