

SENIOR ADVISORY COMMISSION

Agenda for November 17, 2022 – 9:00am NYA City Hall Council Chambers

SENIOR ADVISORY COMMISSION and PARTNERS

Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.

COMMISSION MEMBERS

Carolyn Durbin*, LaVonne Kroells*, Lois Schultz*, Tom Simmons*, Kay Hampshire*, Cathleen Williams*, Mary Spille*, Elroy Latzig*, Betty Settergren*

SENIOR HOUSING ADVISORS

Ranemma Walker - The Haven, Laurie Hilgers - The Harbor, Brenda Schmitz - Peace Villa, ______ - Oak Grove

COMMUNITY/CITY REPRESENTATIVES

Alan Krueger*- City Council, Karen Hallquist - City Hall, Corp. Jordan Voigt -CC Sheriff Office, Dawn Plummer- CC Public Health (*) voting members

- 1. Call meeting to order
- 2. Pledge of Allegiance
- 3. Adopt agenda
- 4. Approve minutes from September 15, 2022
- 5. Updates

Monitor and expand housing options for seniors -

- 5.1 Senior Residence Updates
 - a. Harbor / Haven
 - b. Peace Villa
 - c. Oak Grove

Provide safe options for seniors to get around -

5.2 City Bus Update

5.2.1 Shopping Trips

5.2.2 "Out & About" Trips

Identify and promote education and social options for seniors -

- 5.3 NYA Senior Center
- 5.4 Carver County Public Health
- 5.5 Carver County Sheriff's Department

6. New Business

6.1 2023 Goals

a. Lunch & Learns

- 7. Old Business
- 8. NYA City Council Update
- 9. Adjournment

Next Senior Advisory Meeting - Thursday, December 15, 2022 @ 9:00am @ City Hall

Senior Advisory Commission September 15, 2022, 9am Minutes

Commissioners In Attendance: Lois Schultz, Carolyn Durbin, Tom Simmons, Cathleen Williams, Mary Spille, Elroy Latzig, Alan Krueger,

Kay Hampshire, LaVonne Kroells

Advisors in Attendance: Deputy Jordan Voigt, Dawn Plummer, Brenda Schmitz, Laurie Hilgers, Shannon Slavik

City Staff: Karen Hallquist

Others: Laura Orr

1. Call meeting to order

Kroells called the meeting to order at 9am.

2. Pledge of Allegiance

3. Adopt agenda

Motion: CW/AK to approve the agenda. Motion passed 8-0.

4. Approve minutes from August 18, 2022

Motion: CD/CW to approve with changes - July instead of June, date change to Sept 15, not 16. Motion passed 8-0.

Guest Speaker: Laura Orr, Senior Attorney, Southern MN Regional Legal Services

- SMRLS is a non-profit law firm representing seniors across 33 counties in MN including Carver County.
- SMRLS is funded by the Federal Older American Act
- All services are free, confidential for citizens over 60 years old.
- There are no asset or income restrictions/limits.
- They provide civil legal services (i.e. elder abuse, long term care guidance, estate issues) and community legal educational services.
- They are interested in doing a "Lunch & Learn" presentation.
- Commissioners will discuss topics and will arrange the presentation for winter.

5. Updates

Monitor and expand housing options for seniors -

5.1 Senior Residence Updates

a. Harbor/Haven

Hilgers shared the Harbor has 5 open (2 reserved) apartments, Haven 4 open (1 reserved), Reflections is full. There are multiple positions available including residence service coordinator, RA, and dining assistants. Flu shots will be given out November 3rd. They will be acknowledging Assisted Living Week.

b. Peace Villa

Schmitz reported that their occupancy is full. PV was named Best 55+ Retirement Community of Carver County. Construction is going on a will continue through January.

c. Oak Grove

Slavik shared that OG is 100% full. They continue to do a resident activity one time per month.

Provide safe options for seniors to get around -

5.2 City Bus Update

5.2.1 Shopping Trips -

Hallquist shared that the shopping trips continue go well.

5.2.2 "Out & About" Trips

Hampshire shared the group will be meeting in October to talk about 2023 trips.

Identify and promote education and social options for seniors -

5.3NYA Senior Center -

Kroells needs additional help with organizing. Trying to get a cribbage table group. Tom will call Bingo again.

5.3 Carver County Public Health

Plummer shared there are two senior expos coming up – Chaska (Sept 28th) and Chan (Sept 29th). The new COVID boosters are available. She will reach out to OG and PV. They are also available on Tuesdays from 4-6pm at the courthouse in Chaska.

5.4 Carver County Sheriff's Department

Voigt shared there is not much new.

6. New Business

Hallquist shared the next food distribution is Friday, October 7th.

There is no NYA Marketplace due to other farmers markets going on in the area at the same time.

- 7. Old Business8. NYA City Council Update9. Adjournment

Submitted by:

Motion: ___/__ to adjourn. Motion passed 8-0.

Next Senior Advisory Meeting – Thursday, October 20, 2022 @ 9:00am @ City Hall

Karen Hallquist, Community & Economic Development Director



TO: Senior Advisory Commission

FROM: Karen Hallquist, Community & Economic Development Director

DATE: Thursday, November 17, 2022

SUBJECT: NYA City Bus

- The NYA City Bus was acquired with a Federal Transit Administration (FTA) Enhanced Mobility of Seniors and Individuals with Disabilities Formula Program grant in 2017 by the Norwood Young America Economic Development Authority and (grant writer) The Harbor at Peace Villa.
- The City of NYA legally owns the bus, maintains/services the bus, pays the insurance, and employs all bus drivers.
- The bus currently averages 25 riders per month at \$2 per rider.
- 2 out of the 13 Out & About Trips occurred. There was a total of 12 participants for these two trips.
- As of November 1, 2022, all Out & About Trips need to have a minimum of 8 riders to accommodate the trip or it will be cancelled.



To: Karen Hallquist, Community and Economic Development Director

From: Angela Brumbaugh, Clerk/Finance Director

Date: November 15, 2022

Re: Bus Expenditures

I have looked at the income and expenses regarding the bus services offered by Norwood Young America. The following is a summary of the last three years-to-date:

	2022	2021	2020
Revenue - NYA	\$662	\$283	\$13
Revenue - Contracted	\$3,553	\$3,941	\$6,337
Total Revenue	\$4,215	\$4,224	\$6,350
Expense	\$12,094	\$15,018	\$11,631
Income / (Loss)	(\$7,880)	(\$10,794)	(\$5,281)

In the past, the city contracted with other facilities such as Summerwood of Chanhassen but those facilities no longer need our services. The majority of our revenue was received from contracted services and not local customers.

These amounts do not include any time City Staff has to do maintenance. Please let me know if you need any additional information. Thank you.



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SMRLS Legal Advocacy for Older People (LAOP) provides free legal help to older people in social and economic need. LAOP's work in Carver County is funded under contract with Trellis (formerly known as the Metropolitan Area Agency on Agency) as part of the federal Older Americans Act.

LAOP staff can offer community legal education presentations. We consider these presentations valuable to help community members <u>avoid</u> needing more costly legal or social services. Our staff can prepare presentations to meet the needs of a particular audience or community. LAOP has offered the following presentations since 2020:

- Solo Safety and Stability. By choice or circumstance, many older adults cannot rely on family members for support if needed during the second half of life. Learn how to reduce the risk of neglect or maltreatment through planning.
- Your Right to Stay: Assisted Living and Nursing Home Rights. Learn about the laws governing when involuntary discharge occurs at a nursing home or when facility-initiated contract termination occurs at an assisted living.
- Know Your Rights: Health Care Directives & Powers of Attorney. Powers of attorney and health care directives are different tools for empowering another person to make decisions for you if you cannot. Learn what each document does and how to create or change one.
- After-Death Impact of Medicaid & Other Public Benefits. Your county offers programs that provide in-home help or other cost-saving access to medical care. You must provide information about your assets and income to apply. Will enrolling in these programs affect your family home and other assets after your death?
- **Tips to Avoid Probate.** Probate is a legal process for settling the estate of a person after death. An estate includes the property the person owns and the debts they owe. A person may plan ahead to transfer property or money after death without needing probate. Learn about the options during this presentation.

List continues on reverse→





- Social Security Tips for Seniors. Learn answers to following questions and more: Are Social Security retirement benefits taxable? If I take Social Security early retirement, how much will my monthly benefits be reduced? How much will my spouse's retirement benefits be?
- Helping Family: Give & Receive Help with Less Hassle. Learn how a written personal service contract can help older people set clear boundaries with family members receiving payment for chore or care services.
- Abuse Awareness: Protecting Yourself, Protecting Others. Learn risk factors and signs of abuse and how to help someone—or yourself—in an abusive situation.
- Know Before You Give (or Sell). Medicaid and Social Security's Supplemental Security Income (SSI) programs both have rules that penalize people for giving away or selling assets without receiving full value in return. Learn about these rules before giving gifts, quitclaiming land, or selling an asset for less than its full value.

Prepared for the Norwood Young America Senior Advisory Commission By Laura Orr, Senior Attorney – September 14, 2022