

# SENIOR ADVISORY COMMISSION

Agenda for April 21, 2022 – 9:00am NYA City Hall Council Chambers

# SENIOR ADVISORY COMMISSION and PARTNERS

Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.

#### **COMMISSION MEMBERS**

Carolyn Durbin\*, LaVonne Kroells\*, Lois Schultz\*, Tom Simmons\*, Kay Hampshire\*, Cathleen Williams\*, Mary Spille\*, Elroy Latzig\*, Betty Suttergren\*

#### SENIOR HOUSING ADVISORS

Renemma Walker - The Haven, Laurie Hilgers - The Harbor, Brenda Schmitz - Peace Villa, Shannon Slavik - Oak Grove

#### COMMUNITY/CITY REPRESENTATIVES

Alan Krueger\*- City Council, Karen Hallquist – City Hall, Corp. Jordan Voigt –CC Sheriff Office, Dawn Plummer– CC Public Health (\*) voting members

- 1. Call meeting to order
- 2. Pledge of Allegiance
- 3. Adopt agenda
- 4. Approve minutes from March 17, 2022
- 5. Updates

#### Monitor and expand housing options for seniors -

- 5.1 Senior Residence Updates
  - a. Harbor / Haven
  - b. Peace Villa
  - c. Oak Grove

#### Provide safe options for seniors to get around -

- 5.2 City Bus Update
  - 5.2.1 Shopping Trips
  - 5.2.2 "Out & About" Trips
    - \* Thursday, May 12 Holasek's Greenhouse/Longhorn's Grill (Lester Prairie)
    - \* Thursday, May 26 Winchester & Rye (Victoria)

#### Identify and promote education and social options for seniors -

5.3NYA Senior Center

5.3.1 Lunch & Learn

- 5.4 Carver County Public Health
- 5.5 Carver County Sheriff's Department
- 6. New Business
- 6.1 Food Distribution Friday, May 6th 2pm
- 7. Old Business
- 8. NYA City Council Update
- 9. Adjournment

Next Senior Advisory Meeting - Thursday, May 19, 2022 @ 9:00am @ City Hall

# Senior Advisory Commission March 17, 2022 9am Minutes

Commissioners In Attendance: Carolyn Durbin\*, LaVonne Kroells\*, Lois Schultz\*, Tom Simmons\*, Kay Hampshire\*, Cathleen

Williams\*, Mary Spille\*, Betty Suttergren

Advisors in Attendance: Laurie Hilgers, Deputy Jordan Voigt, Dawn Plummer, Shannon Slavik

City Staff: Karen Hallquist

Others: Peggy Hopf, Renee Panning, Pat Steig (CCPH)

#### 1. Call meeting to order

Kroells called the meeting to order at 9am. The Pledge of Allegiance was recited.

### 2. Oath of Office - Betty Suttergren

Hallquist shared there is no need for Oath of Office for a non-elected position. Kroells welcomed Suttergren to the commission.

#### 3. Adopt agenda

Motion: CW/AK to approve with addition of 6.2 Yellow Ribbon Presentation and 6.3 Food Distribution. Motion passed 9-0.

#### 4. Approve minutes from February 17, 2022

Motion: AK/TS with correction of "work session" instead of meeting. Motion passed 9-0.

#### 5. Updates

# Monitor and expand housing options for seniors –

#### 5.1 Senior Residence Updates

#### a. Harbor / Haven

Hilgers shared that there are 8 open apartments in the Harbor, 4 open in Haven and Reflections is full. They are currently hiring for multiple positions, however, have been able to fill the overnight RN position and fulltime housekeeper. They continue COVID preventative measures and have been able to organize many in-house events – Mardi Gras, Maple syrup info, CC Historical Society, trivia and concertina performance.

#### b. Peace Villa

Hilgers and Simmons shared that PV is fully occupied. They are in the process of reviewing the scope of work for the renovation project and hoping to start in the next 120 days. Bids came in over \$1 million with \$639,000 planned.

#### c. Oak Grove

New housing manager Shannon Slavik shared that OG is fully occupied with over 100 on a waiting list. Her office hours are M, T, Th, Fri 8:30-10:30am and W 11am-4pm. Resident events will start up in April.

# Provide safe options for seniors to get around -

5.2 City Bus Update

5.2.1 Shopping Trips

5.2.2 "Out & About" Trips

Hallquist reported that all bus trips are going well and if anyone is interested in participating in the Out & About Trips that they should call City Hall. She shared that the Bus Committee of Hampshire, Hopf, Suttergren and Krueger determined the locations of the trips.

# Identify and promote education and social options for seniors -

#### 5.3NYA Senior Center

Kroells reported there were 28 people in attendance last event and they are looking for more cribbage players.

#### 5.3.1 Lunch & Learn

Hallquist shared there is no update at this time. She and Plummer will visit about a future event and not during a Senior Center time.

# 5.4 Carver County Public Health

Plummer reported that the Office of Aging Support will support any facility with an outbreak of COVID to assist in administering tests. The State Assessment focus group information that was previously done was sent to Trellis for review with other groups. Plummer shared they have PPE supplies available to citizens if needed. Hilgers shared the Harbor has plenty of supplies.

#### 5.5 Carver County Sheriff's Department

Voigt shared that he has received good feedback from the newsletter on the information he has provided. His schedule will be changing as of April 11<sup>th</sup> and will be in town M-F.

## 6. New Business

# 6.1 Presentation - Communities of Belonging - Pat Steig, Carver County Public Health

Steig shared information on the new CCPH Community of Belonging Initiative that deals with inclusivity in a community by increasing social and emotional ties with fellow citizens for a sense of well-being. Commissioners questioned the efforts of the initiative as there is really no tangible way to measure the success of it – it's more of a "feel good" sort of program. Simmons, Spille, and Hallquist mentioned efforts already being done to increase community well-being and inclusive measures with the city newsletter, community events, city bus, new welcome packets, civic organization communications – all that come with the NYA "more than a place, it's home" branding and the small-town community that NYA is.

#### 6.2 Yellow Ribbon Presentation

Renee Panning was presented to share information about the NYA Beyond the Yellow Ribbon group that has been active in NYA for the last 12-13 years. Their mission is to support service personnel and their families. They are always looking for ways to partner with other local groups to bring additional resources together. The Annual banquet is on Saturday, April 23<sup>rd</sup> at the Willkommen Memorial Park Pavilion with guest speaker Ron Smith.

#### 6.3 Food Distribution

Hallquist shared that the CCPH and CAP Agency have agreed to do a free food distribution in NYA the first Friday of each month through the end of the year. Volunteers are always needed.

- 7. Old Business na
- 8. NYA City Council Update

Krueger gave an update on the following:

- Union contract for public service employees was agreed upon
- Quarterly budget was reviewed
- Wm Mueller & Sons was awarded the bid for the 2<sup>nd</sup> Ave project
- There will be an article in the League of MN Cities about NYA and the Manufacturer's Day event from October.
  - 9. Adjournment

Motion: AK/TS to adjourn. Motion passed 9-0.

Next Senior Advisory Meeting - Thursday, April 21, 2022 @ 9:00am @ City Hall

# COVID-19 NOW WHAT?

Join us at this informal gathering to talk about vaccine safety, long-haul COVID & more!

Presenter:

Milton Eder, PhD, Assistant Professor Department of Family Medicine & Community Health University of Minnesota

Date:

Saturday, April 30, 2022

Time: 9:30-11:30 am

Location:

Watertown City Hall 309 Lewis Avenue S Watertown, MN Date:

Saturday, May 7, 2022

**Time**: 1:30-3:30 pm

Location:

NYA Library 314 Elm Street W

**Norwood Young America** 

# **Refreshments offered!**

Questions? Call (952) 361-1559





