

## SENIOR ADVISORY COMMISSION

Agenda for January 20, 2022 – 9:00am  
NYA City Hall Council Chambers

### SENIOR ADVISORY COMMISSION and PARTNERS

*Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.*

#### COMMISSION MEMBERS

Carolyn Durbin\*, JR Hoernemann\*, LaVonne Kroells\*, Lois Schultz\*, Tom Simmons\*, Kay Hampshire\*, Cathleen Williams\*, Bill Hart\*, Mary Spille\*, Elroy Latzig\*

#### SENIOR HOUSING ADVISORS

Renemma Walker & Bonita Heilman – The Haven, Laurie Hilgers – The Harbor, Brenda Schmitz – Peace Villa, Anne Marie Stolp – Oak Grove

#### COMMUNITY/CITY REPRESENTATIVES

Alan Krueger\* - City Council, Karen Hallquist – City Hall, Corp. Jordan Voigt – CC Sheriff Office, Dawn Plummer – CC Public Health  
(\*) voting members

1. Call meeting to order
2. Oath of Office – Carolyn Durbin & Lois Schultz
3. Election of Officers
4. Adopt agenda
5. Approve minutes from November 18, 2021
6. Updates

#### **Monitor and expand housing options for seniors –**

- 5.1 Senior Residence Updates
  - a. Harbor / Haven
  - b. Peace Villa
  - c. Oak Grove

#### **Provide safe options for seniors to get around –**

- 5.2 City Bus Update
  - 5.2.1 Shopping Trips
  - 5.2.2 “Out & About” Trips for February & March

#### **Identify and promote education and social options for seniors –**

- 5.3 NYA Senior Center
  - 5.3.1 Bus Service – is this going ok?
- 5.4 Carver County Public Health
- 5.5 Carver County Sheriff's Department
- 5.6 House maintenance assistance resources
  - 5.6.1 Central NYA Raider Wrestling – Rent-A-Wrestler Program

#### 7. Old Business

- 6.1 2022 Senior Advisory Commission Goals – attached/approved by Council
- 6.2 City of NYA Newsletter – Next insert March 2022

#### 8. NYA City Council Update

#### 9. Adjournment

Next Senior Advisory Meeting – Thursday, February 17, 2022 @ 9:00am @ City Hall

# SENIOR ADVISORY COMMISSION

Minutes – November 18, 2021 – 9:00am  
NYA City Hall Council Chambers

## Attendance:

Commission Members Present: LaVonne Kroells, Carolyn Durbin, Cathleen Williams, Tom Simmons, Alan Krueger (City Council), Mary Spille, Lois Schultz  
Advisors Present: Ranemma Walker (The Harbor), AnneMarie Stolp (Oak Grove)  
Community Representatives: Deputy Voigt (Carver Co Sheriff Dept)  
Staff Present: Karen Hallquist (Economic Development Director)  
Others Present:

### 1. Call meeting to order

Kroells called the meeting to order at 9:02am.

### 2. Adopt agenda

Added 4.1 Community Video. Motion: CW/CD to approve agenda. Motion passed 7-0.

### 3. Approve minutes from November 18, 2021

Motion: AK/LS to approve minutes from November 18, 2021. Motion passed 7-0.

### 4. Updates

4.1 Community Video - Commissioners viewed video and commercial. Both will be posted on social media, website, and NYA TV.

#### Monitor and expand housing options for seniors -

##### 5.1 Senior Residence Updates

- a. Harbor / Haven – Walker shared updates on apartment availabilities. Private visits and communal dining is paused.
- b. Peace Villa – Simmons shared update on apartment availability. He reported that the architectural drawings of the remodel are completed, and construction is hoped to start in spring 2022.
- c. Oak Grove – Stolp shared update on apartment availability.

#### Provide safe options for seniors to get around -

##### 5.2 City Bus Update

5.2.1 Shopping Trips – Hallquist shared that the shopping trips are going well.

5.2.2 "Out & About" Trips for 2022 – Hallquist shared that commissioners will discuss options in January for starting in February.

#### Identify and promote education and social options for seniors -

##### 5.3 NYA Senior Center – 32 people attended last event

5.3.1 St. John's Church/Thrivent Grant Opportunity Update – Durbin presented \$1,000 check from St. John's. Money will be used for food at Senior Center.

5.3.2 Bus Service – Hallquist/Walker/Kroells reported bus schedule is now working well for pickup/delivery at the senior facilities. Advisory will not plan Senior Dances. Other senior groups can organize.

5.4 Carver County Public Health – Commissioners had questions on boosters. Information will be provided in next newsletter.

5.5 Carver County Sheriff's Department – Voigt shared that his hours have changed, so if there is an emergency to call the sheriff office.

5.6 House maintenance assistance resources – Hallquist will continue to put on agenda.

### 5. Old Business

6.1 2022 Senior Advisory Commission Goals – Commissioners discussed accomplishments of 2021 and goals for 2022. Hallquist will update the list and present at January meeting.

6.2 SHIP Funds for benches and location – done! Benches are set along the trail at Citizens State Bank and Unhinged Pizza.

6.3 City of NYA Newsletter – Next insert will be Dec 2022 – Kroells asked to share that if weather concerns about Senior Center to call City Hall.

6. **NYA City Council Update** – Krueger gave an update on Council happenings.

Motion by TS/AK to cancel regular December Senior Advisory meeting. Motion passed 6-1.

7. **Adjournment**

Motion by TS/CD to adjourn. Motion passed 7-0.

**Next Senior Advisory Meeting – Thursday, January 20, 2022 @ 9:00am @ City Hall**





TO: Senior Advisory Commission

FROM: Karen Hallquist, Economic Development Marketing Director

DATE: January 20, 2022

SUBJECT: February and March 2022 "Out & About" Trips

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Please select the "Out & About" Trips for February and March:

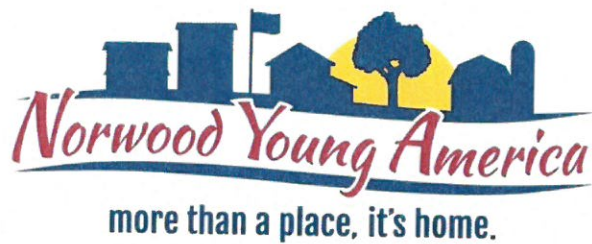
Thursday, February 10, 2022 10am-2pm: \_\_\_\_\_

Thursday, February 24, 2022 10am-2pm: \_\_\_\_\_

Thursday, March 10, 2022 10am-2pm: \_\_\_\_\_

Thursday, March 24, 2022 10am-2pm: \_\_\_\_\_

Commissioners are to discuss the possibility of having a commissioner or senior NYA resident organize the "Out & About" Trips.



TO: Senior Advisory Commission

FROM: Karen Hallquist, Economic Development Marketing Director

DATE: January 20, 2022

SUBJECT: Central NYA Raider Wrestling Rent-A-Wrestler Program

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### Central NYA Raider Wrestling

December 1, 2021 · 🌐

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We're excited to announce that the Central NYA Raiders RENT-A-WRESTLER program is back! Our 7th-12th Grade Wrestling Team is ready and willing to help you with projects around your home and/or community events. Some project examples consist of yard work, snow shoveling, house or garage clean-ups, moving, painting and setting up/tearing down for events. We've had a lot of success with this program in previous years and are excited to announce that it's available again!

To Rent-A-Wrestler, please click on the link below, fill-out the form and submit. We will then contact you to discuss the details of your project, review how the program works, answer any questions you may have and to confirm a date, time and the number of wrestlers that will be needed.

<https://forms.gle/EsYD3LQb9BmZjCKn6>

This is a freewill donation program. All donations will help with the 2021/2022 Central NYA Raiders Wrestling Teams expenses. Checks can be written out to "Rent-A-Wrestler" and given to a parent or wrestler at your location.

We look forward to working with you!

Thank you!

Central NYA Raiders Wrestling Team  
nyarentawrestler@gmail.com



**RENT-A-WRESTLER**

CENTRAL NYA RAIDERS WRESTLING

## Senior Advisory Commission 2021 Annual Review

The following is a summary of activities were completed by the Norwood Young America Senior Advisory Commission in 2021:

### **Housing**

- Received updates on local senior facilities including Peace Villa, Oak Grove Residence, The Harbor, The Haven and Reflections
- Reviewed annual Ecumen report
- Supported Planning Commission in their efforts for ADU's as a viable senior housing option
- Shared AARP HomeFit Guide to local seniors to assist in aging in place at home

### **Transportation**

- Monitored City of NYA bus trips and participation of shopping trips
- Brought back "Out & About" trips for local NYA seniors. Scheduled eight trips total for months of October, November and December 2021 – Had over 50 people participate in tota.
- Advertised in City Newsletter, flyers and NYA-TV for bus service
- Worked with SmartLink and city staff to schedule weekly shopping trips and bi-monthly outings

### **Education**

- Hosted the NYA Senior Center at the Willkommen Memorial Park Pavilion on the first and third Wednesdays of each month starting in October 2021
- Held one "Lunch & Learns – Senior Scams" with Deputy Voigt as speaker and Carver County Public Health providing lunch at the NYA Senior Center
- Applied and received \$1,000 St. John's Lutheran Church Thrivent Grant to financially assist NYA Senior Center
- Shared information from Carver County Public Health about COVID-related concerns, food resources and senior citizen wellness in City Newsletter
- Shared information from the Carver County Sheriff's Department about community concerns regarding senior citizens in City Newsletter
- Supported and invited local seniors to the "Let's Talk Food" event in September 2021 to talk about food resources
- Created a quarterly insert in the City Newsletter specifically addressing senior citizen topics
- Participated in a "Statewide Needs Assessment Community Listening Session – Age Friendly Minnesota" which was conducted by Carver County Public Health

### **Promoting Physical and Social Activity**

- Utilized the NYA-TV to promote all Senior Advisory Commission activities and community events
- Partnered with Peace Village to sponsor a Music in the Park night in June – served root beer floats
- Gained three new Senior Advisory Commissioners – Mary Spille, Bill Hart, Elroy Latzig

## Senior Advisory Commission 2022 Goals

### **Monitor and expand housing options for seniors**

- Receive updates on local senior facilities including Peace Villa, Oak Grove Residence, The Harbor, The Haven and Reflections
- Reach out to local churches, organizations and businesses about senior assistance resources including Beyond the Yellow Ribbon
- Support city research on additional senior housing and subsidized housing
- Share AARP guide and moving resources to seniors via Senior Center, City Hall, newsletter to encourage aging in place at home.

### **Provide safe options for seniors to get around**

- Monitor City of NYA bus trips
- Create an annual bus outing schedule and advertise in Community Ed brochures, City Newsletter, flyers and NYA-TV
- Work with SmartLink and city staff to schedule weekly shopping trips and bi-monthly outings
- Select "out & about" trips quarterly – options discussed: Mystic Lake, Eden Prairie Mall, Hillcrest Café (and other local restaurants), local concerts (that do not need a prepaid ticket)
- Replace the city bus logo

### **Identify and promote education and social options for seniors**

- Host the NYA Senior Center at the Willkommen Memorial Park Pavilion on the first and third Wednesdays of each month from September to May
- Organize three "Lunch & Learns" topics and dates at the NYA Senior Center
  - 1. Balance (February)
  - 2. Health Aid Supplies & Drug Take Back (April)
  - 3. Mental Health (October)
- Share information from Carver County Public Health updates about COVID-related concerns, food resources and senior citizen wellness
- Share information from the Carver County Sheriff's Department about community concerns regarding senior citizens
- Create a quarterly insert in the City Newsletter specifically addressing senior citizen topics
- Utilize the NYA-TV to promote all Senior Advisory Commission activities
- Partner with Peace Village to sponsor a Music in the Park night
- Advertise Senior events and NYA Senior Center in the Community Ed brochures
- Support the atrium/walking track at Central Public Schools