



SENIOR ADVISORY COMMISSION

Agenda for October 22, 2021 – 9:00am
NYA City Hall Council Chambers

SENIOR ADVISORY COMMISSION and PARTNERS

Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.

COMMISSION MEMBERS

Carolyn Durbin*, JR Hoernemann*, LaVonne Kroells*, Lois Schultz*, Tom Simmons*, Kay Hampshire*, Cathleen Williams*, Bill Hart*, Mary Spille*, Elroy Latzig*

SENIOR HOUSING ADVISORS

Renemma Walker & Bonita Heilman – The Haven, Laurie Hilgers – The Harbor, Brenda Schmitz – Peace Villa, Anne Marie Stolp – Oak Grove

COMMUNITY/CITY REPRESENTATIVES

Alan Krueger* - City Council, Karen Hallquist – City Hall, Corp. Jordan Voigt – CC Sheriff Office, Dawn Plummer – CC Public Health
(*) voting members

1. Call meeting to order
2. Adopt agenda
3. Approve minutes from September 16, 2021
4. Speaker – Tim Schochenmaier, Superintendent of Central Public Schools
5. Updates

Monitor and expand housing options for seniors –

5.1 Senior Residence Updates

- a. Harbor / Haven – New Life Enrichment Contact
- b. Peace Villa
- c. Oak Grove

Provide safe options for seniors to get around –

5.2 City Bus Update

- 5.2.1 Shopping Trips
- 5.2.2 “Out & About” Trips
- 5.2.3 Bus rides to City Hall on Election Day – Tuesday, November 3rd

Identify and promote education and social options for seniors –

5.3 NYA Senior Center

- 5.3.1 St. John's Church/Thrivent Grant Opportunity Update
- 5.3.2 Lunch & Learn “Security & Scams” – Wednesday, October 20th - Deputy Voigt
- 5.3.3 Bus Service

5.4 Carver County Public Health

5.5 Carver County Sheriff's Department

5.6 House maintenance assistance resources

6. Old Business

- 6.1 2022 Senior Advisory Commission Goals
- 6.2 SHIP Funds for benches and location – done!
- 6.3 City of NYA Newsletter – Next insert will be Dec 2022

7. NYA City Council Update

8. Adjournment

Next Senior Advisory Meeting – Thursday, November 18, 2021 @ 9:00am @ City Hall

Work Session – Age-Friendly Minnesota Statewide Needs Assessment – Dawn Plummer

1. Built Environment: Housing, Outdoor Spaces & Buildings
 - a. Thinking about where you live, what characteristics of the physical environment (such as housing choices, green spaces, sidewalks, community buildings) do you like?
 - b. What is missing or needs improvement within your immediate community?
2. Safety, Basic Needs and Affording Aging
 - a. To what extent do you feel you will have (and be able to afford) the things you need as you get older?
 - b. Do you feel safe in your community?
 - c. Do you feel welcome in your community?



Senior Advisory Commission Minutes
September 16, 2021
City of NYA Council Chambers

Attendance:

Commission Members Present: LaVonne Kroells, Kay Hampshire, Elroy Latzig, Lois Schultz, Mary Spille, Tom Simmons, Cathleen Williams

Advisors Present: None

Community/City Representatives Present: Alan Krueger (City Council), Karen Hallquist (Economic Development/Marketing Director),

Others Present: Alan Herrman (SMARTLink and Metro Mobility Services), Peggy Hoef (Bus Driver), Betty Settergren

1. Call meeting to order

Chair Kroells called the meeting to order at 9:04 AM

2. Adopt agenda

Kroells requested the addition of 4.7 Bandshell Update

Motion by Williams, second by Krueger to adopt agenda as amended. Motion passed 8-0.

3. Approve minutes from June 17, 2021

Correction to 4.1b - These repairs and updates are funded by a ~~grant~~ **0% loan** from Minnesota Housing Authority (Simmons)

Correction to 4.2 - Hallquist shared information on the new weekly shopping routes implemented for **senior citizens with stops at** Peace Village, the Harbor/Haven and Oak Grove.

Motion by Simmons, second by Krueger to adopt minutes as amended. Motion passed 8-0.

4. Updates

Monitor and expand housing options for seniors

4.1 Senior Resident Updates

a. Harbor/Haven: No report from staff.

Hallquist shared in the packet the yearly summary report from Ecumen which was shared with the City Council.

b. Peace Village: Williams shared that hand sanitizer had been given to all residents through the Food Shelf.

c. Oak Grove: Hallquist shared information from Stolp which came in an email - there is one apartment available, residents will be having a Pizza Party get-together and hand sanitizer was shared with all residents from the Food Shelf.



Provide safe options for seniors to get around

- 4.2 City Bus Updates:** Herrmann from SMARTlink and Metro Mobility shared information on the services provided for residents of Scott and Carver County which included non-emergency medical transport and voluntary drivers which will be starting soon.

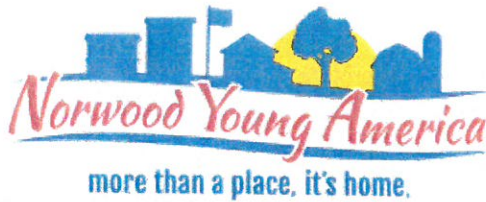
Herrmann shared information on the current shopping trips available with the city bus. Peace Village and the Harbor/Haven are automatic stops with an additional stop at Oak Grove Senior Center if staff requests a ride through SMARTlink. Herrmann and Hoef recommended that riders keep their shopping to four bags or less because of the limited space. Herrmann shared that the city bus passed its yearly inspection and that the city is still seeking additional drivers. Currently, city public works staff are back-up drivers. They recently attended a temporary training session with Herrmann on using the wheelchair lift.

Herrmann led a discussion on potential future field trips which can begin again using the city bus. Discussion centered around options provided in the past with a goal of setting up two trips per month from October to December at this time. Based on the discussion, the city staff will contact sites to make sure they are accepting visitors. There will be a \$5 per person charge for each trip with no limit on distance. (The remainder of the cost has been subsidized by the city and civic organizations). The group recommended the following trips for this fall:

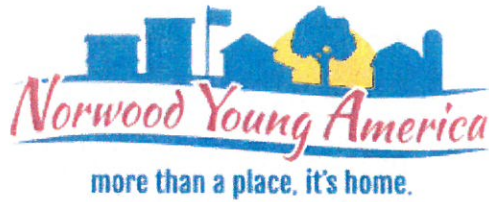
- October - Apple Orchard and Candy Store
- November - Craft Sale and Central Schools Veterans Day Program with possible addition of tour of Carver County Veteran Memorial sites
- December - Hutchinson Mall Tour and Lighting Tour (suggestion to stay local)

Identify and promote education and social options for Seniors

- 4.3 NYA Senior Center:** Kroells shared that the Senior Center opened on September 15th with 20 people in attendance. The group is encouraged to continue outreach to invite others. Recommendation to add cribbage and dominoes to game options. Information will be added to the newsletter and NYA-TV on the future dates. Kroells asked for help with set-up and take-down of tables and chairs at the Pavillion on the first and third Wednesdays of the month.



- 4.3.1 St. John's Thrivent Grant Submission:** Durbin provided a copy of the letter with the group in consensus that the application was well done. Grant application closes in December 2021 with monies available for 2022.
- 4.4 Carver County Public Health:** Hallquist shared an email update from Dawn Plummer: *Carver County continues in a holding pattern while COVID monitoring of positive cases continues. Information on free testing in the Cologne area was shared as well as free vaccines continuing in Chaska.*
- 4.5 Carver County Sheriff's Department:** Voigt shared the positive response to his recent newsletter article. Discussion on the Lunch and Learns with a recommendation that they occur during the Senior Center meetings over the lunch hour as shortened information meetings. Possible topics include: scams (October) and balance (November). Providing the discussions and handouts during Senior Center gatherings would allow SHIP funds to cover the cost of lunch.
- Voigt shared information from the upcoming newsletter on slowing down in front of school during school hours on Morse Street, the rules for pedestrians in crosswalks and the rules for safety arms on buses.
- 4.6 House maintenance assistant resources:** Krueger shared information on the CAP Agency as a resource for seniors who need help around the house. Hallquist will follow up and provide more information at an upcoming meeting.
- 4.7 Bandshell Update:** Kroells shared that the bandshell has been moved to Legion Park but the current cement slab was too small so there will be an additional apron added to support the bandshell.
- 5.0 New Business**
- 5.1 2022 Senior Advisory Preliminary Budget:** Hallquist shared possible changes to the language of the goals to make them more measurable and aligned to overarching goals. These will be reviewed and discussed further at an upcoming meeting.
- 5.2 SHIP funds for benches:** Monies have been requested and benches ordered. Locations approved by Parks and Recreation Commission are along the Highway 212 trail at Unhinged and Citizens State Bank. The benches will state: Donated



by Senior Advisory Commission.

- 5.3 Indoor Walking Track Partnership:** The letter of support approved by the City Council was available in the packet.
- 5.4 Senior Insert in City Newsletter:** Hallquist shared information in the newsletter which included information on City Bus, Senior Center, NYA-TV schedule and Southwest Carver Food Shelf.
- 6. NYA Council Update**
Krueger shared the following: All Saints Welcome sign, Orangeball Creative second video taping on September 30th, Oak Lane and Second Avenue projects, Old Town updates, Bandshell updates, new hires to city staff, contract for City Auditor, budget updates, Small Cities Redevelopment Grant updates, pool updates to include resurfacing project, update to Highway 212 expansion project.
- 7. Adjournment**
Motion by Hampshire, second by Krueger to adjourn at 9:46 AM. Motion passed 6-0 with Spille and Schultz leaving the meeting earlier.

Respectfully submitted,

Karen Hallquist, Economic Development/Marketing Director

Want to go shopping?

The NYA City Bus is available to all residents of Norwood Young America for shopping trips every Tuesday morning at 9am!



1st Tuesday – Waconia Mackenthun's and Dollar Store

2nd Tuesday – Coborn's Glencoe

3rd Tuesday – Waconia Aldi's and Target

4th Tuesday – NYA – Kwik Trip, Family Dollar, and Marsden

5th Tuesday – Coborn's Glencoe

In-town shopping trips FREE—Out of town shopping trips \$2.00

Pickup starts at Oak Grove, Peace Villa, Harbor/Haven for all events.

Seven (7) day notice is requested for seat availability.

Call SmartLink at 952-496-8341 ext 2 for reservations!

City of NYA Bus “Out & About” Trips for 2021

Thursday, October 28, 2021	Jordan Candy Store- 20430 Johnson Memorial Hwy 10AM-12PM Lunch at Pounders in Cologne 12:30PM-2:00PM
Thursday, November 11, 2021 **Free rides**	Veterans Program- Central HS 9:30AM, NYA Veterans Park visit—following
Saturday, November 20, 2021 **Free rides**	Central Craft Sale—Central HS 9:30AM-11:15AM, St. John's Vendor Fair 11:30AM-12:30PM
Thursday, December 2, 2021	Eden Prairie Mall 9:30AM-2:00PM
Thursday, December 9, 2021	Waconia Light Tour 5:30PM-7:30PM
Thursday, December 16, 2021	Hutchinson Mall- 9:30AM-2:00PM
Thursday, December 23, 2021	NYA/Cologne Light Tour 5:30PM-7:30PM

Registration required for all City of NYA Bus Out & About Trips.

Pickup starts at Oak Grove, Peace Villa, Harbor/Haven for all events.

First come, first served. Limited seating available.

\$5.00 per rider.

Call Karen at 952-467-1810 to reserve your seat.

Senior Advisory Commission 2021 Goals Review

Housing		
Goal	Action Steps	5 Year Plan
Maintain all senior housing establishments as fully occupied	Continue exceptional care at current senior housing establishments	Research potential for additional senior housing facility
Keep aging population in their homes longer with home improvement options for accessibility and safety	Support CCPH with efforts for home assessments by AARP and create list of local handymen to help with improvements	
Support City Planning Commission in their efforts of researching and recommending ADU's (Accessory Dwelling Unit) as a viable senior housing option **Goal completed	Communicate with City and Community about requirements for ADU in order to share information with aging families	Explore new affordable senior housing options, such as: senior cottages, senior co-ops, garage lofts, tiny homes

Transportation		
Goal	Action Steps	5 Year Plan
Utilize the bus more for senior trips including partnership trips with Comm Education	Market bus with NYA Senior Center participants, city newsletter, church bulletins, cable access channel	Research the need for a 2 nd campus bus
Offer more medical appointment trips	Advertise 2 nd & 4 th Tuesday NYA trips as also medical appointment trips	
Maintain partnership with SmartLink for bus scheduling	Continue communications with SmartLink and city as bus needs change	Advocate to improve SmartLink individual service using 5310 bus
Increase volunteer bus drivers or community car trip volunteers	Reach out to local churches to ask for volunteers	Educate seniors on Uber and LIFT service

Education		
Goal	Action Steps	5 Year Plan
Hold three "Lunch & Learns" by Office of Aging and/or Tri-Ad at 3 different locations in NYA	1.Peace Villa – Scams & Decal program 2.Peace Villa - TBD 3.NYA Senior Center – Personal Safety	Research means for educating seniors on technology options
Promote more intergenerational activities.	Continue conversations with church youth, Boy/Girl Scouts, FFA, Lions clubs, etc. for events/fundraisers	Increase intergenerational events
Educate seniors and homebound individuals about alternative food resources	Support and invite community to "Let's Talk Food" event hosted by CCPH & City via social media, city newsletter, newspaper, cable access & churches	
Continue opportunities to work with CCPH about health/safety issues	Promote "Aging with Gusto" three-part series at NYA Senior Center in fall	
Increase awareness of home safety options to the local aging population	Make available the AARP Home Safety Guide at senior centers and churches	

Promoting Physical & Social Activity		
Goal	Action Steps	5 Year Plan
Increase participation for the senior community to the following events: <ul style="list-style-type: none"> Senior Dances 	Offer and promote participation of events using the bus service, advertise events to senior community on local	Give input to the city/community organizers in support of a community center

<ul style="list-style-type: none"> • NYA Senior Center • Lunch & Learns • Music in the Park • National Night Out • Taste of NYA • Stiftungsfest • Community Ed classes/trips <p>Hold "Matter of Balance" Falls Prevention sessions</p>	<p>access channel, city newsletter, fliers, senior center, Community Ed brochures and social media</p> <p>Find local volunteers to pass the exercise courses to lead the Matter of Balance sessions</p>	
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Action: Commissioners are requested to review the 2021 goals and discuss goals for 2022 in the below format.

Monitor and expand housing options for seniors

- Receive updates on local senior facilities including Peace Villa, Oak Grove Residence, The Harbor, The Haven and Reflections
- Review annual Ecumen report
- Reach out to local churches, organizations and businesses about senior assistance resources
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Provide safe options for seniors to get around

- Monitor City of NYA bus trips
- Create an annual bus outing schedule and advertise in Community Ed brochures, City Newsletter, fliers and NYA-TV
- Work with SmartLink and city staff to schedule weekly shopping trips and bi-monthly outings
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Identify and promote education and social options for seniors

- Host the NYA Senior Center at the Willkommen Memorial Park Pavilion on the first and third Wednesdays of each month from September to May
- Organize three "Lunch & Learns" at the NYA Senior Center
 - 1.
 - 2.
 - 3.
- Share information from Carver County Public Health updates about COVID-related concerns, food resources and senior citizen wellness
- Share information from the Carver County Sheriff's Department about community concerns regarding senior citizens
- Create a quarterly insert in the City Newsletter specifically addressing senior citizen topics
- Utilize the NYA-TV to promote all Senior Advisory Commission activities
- Partner with Peace Village to sponsor a Music in the Park night
- Advertise Senior events and NYA Senior Center in the Community Ed brochures
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