



SENIOR ADVISORY COMMISSION
Agenda for September 16, 2021 – 9:00am
NYA City Hall Council Chambers

SENIOR ADVISORY COMMISSION and PARTNERS

Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.

COMMISSION MEMBERS

Carolyn Durbin*, JR Hoernemann*, LaVonne Kroells*, Lois Schultz*, Tom Simmons*, Kay Hampshire*, Cathleen Williams*, Bill Hart*, Mary Spille*, Elroy Latzig*

SENIOR HOUSING ADVISORS

Lisa Johnson & Bonita Heilman – The Haven, Laurie Hilgers – The Harbor, Brenda Schmitz – Peace Villa, Anne Marie Stolp – Oak Grove

COMMUNITY/CITY REPRESENTATIVES

Alan Krueger* - City Council, Karen Hallquist – City Hall, Corp. Jordan Voigt –CC Sheriff Office, Dawn Plummer– CC Public Health
(*) voting members

1. Call meeting to order
2. Adopt agenda
3. Approve minutes from August 19, 2021
4. Updates

Monitor and expand housing options for seniors –

- 4.1 Senior Residence Updates
 - a. Harbor / Haven – Ecumen Update
 - b. Peace Villa
 - c. Oak Grove

Provide safe options for seniors to get around –

- 4.2 City Bus Update – Alan Herrmann

Identify and promote education and social options for seniors -

- 4.3 NYA Senior Center
 - 4.3.1 St. John's Church/Thrivent Grant Opportunity submission
- 4.4 Carver County Public Health
- 4.5 Carver County Sheriff's Department
 - a. Lunch & Learn – "Security & Scams" Committee Update
- 4.6 House maintenance assistance resources

5. New Business

- 5.1 2022 Senior Advisory Preliminary Budget
- 5.2 SHIP Funds for benches and locations
- 5.3 Indoor Walking Path Partnership – attached Letter of Support from City Council
- 5.4 Senior Insert – City Newsletter: Bus, Senior Center, NYA-TV schedule, SW Carver County Food Shelf

6. NYA City Council Update

7. Adjournment

Next Senior Advisory Meeting – Thursday, October 21, 2021 @ 9:00am @ City Hall



Senior Advisory Commission Minutes
August 19, 2021
City of NYA Council Chambers

Attendance:

Commission Members Present: Carolyn Durbin, LaVonne Kroells, Kay Hampshire, Elroy Latzig, Lois Schultz, Mary Spille, Tom Simmons

Advisors Present: Lisa Johnson (Harbor/Haven), Brenda Schmitz (Peace Village), Anne Marie Stolp (Oak Grove)

Community/City Representatives Present: Alan Krueger (City Council), Karen Hallquist (Economic Development/Marketing Director),

Others Present: Peggy Hoef (Bus Driver), Carol Lagergren, Betty Settergren

1. Call meeting to order

Chair Kroells called the meeting to order at 9:03 AM

2. Adopt agenda

Add 5.4 Senior Insert in City Newsletter

Motion by Latzig, second by Schultz to adopt agenda as amended. Motion passed 7-0.

3. Approve minutes from June 17, 2021

Add to 4.3 - Elroy Latzig and Lisa Johnson volunteered to be on the Senior Advisory Committee.

Correction to 6 - restoration of the Mau Cemetery not Center

Motion by Durbin, second by Hampshire to adopt minutes as amended. Motion passed 7-0.

4. Updates

Monitor and expand housing options for seniors

4.1 Senior Resident Updates

- a. **Harbor/Haven:** Johnson shared that the Harbor has 7 openings with 2 reserved. The Haven has 5 openings and Reflections has 3 openings with 1 reserved. Jackie, the Head of Food Service is retiring and Justin Gorlack will be replacing her. The Harbor/Haven has completed their Assisted Living Licensure which focused on person centered care and required more transparency in pricing as well as updates to the current Online Health Plans. Johnson updated the Commission on the repairs needed after a recent lightning strike and updated COVID protocols from Ecumen to include weekly antigen tests for all unvaccinated team members.



- b. **Peace Village:** Schmitz shared that they are at 100% occupancy in spite of 13 recent turnovers. Repairs and updates to the facility, to include updated sprinkler system, new elevators, softeners and enhanced fire safety measures are moving forward. These repairs and updates are funded by a grant from Minnesota Housing Authority and the timeline for completion has been extended due to COVID19.
- c. **Oak Grove:** Stolp shared that the National Night Out Gathering was a success. They have received two notices to move.

Provide safe options for seniors to get around

- 4.2 **City Bus Updates:** Hallquist shared information on the new weekly shopping routes implemented for Peace Village, the Harbor/Haven and Oak Grove. These routes were available prior to COVID and have been re-started based on the pre-COVID schedule. There is a maximum of 12 passengers per bus and all must be masked. The cost will be free to trips in town and \$2 for trips outside of the community - these rates are subsidized by the city. Recommendation to publish pick-up times to the community - perhaps with an initial time at Peace Village with follow-up stops at the Harbor and Oak Grove. These routes will be piloted for one month before additional trips are added. All reservations for the bus must be made 7 days in advance through SMARTLink.

Hallquist shared that the busses will be used for Stiftungsfest weekend with one bus on Saturday and Sunday making continuous loops between Peace Village, The Harbor/Haven, Oak Grove and Willkommen Park. The rides will be free to all.

Identify and promote education and social options for Seniors

- 4.3 **NYA Senior Center:** Kroells shared that the Senior Center will be opening on September 15th from 10-2 with a boxed meal at Willkommen Pavilion. The plan is to continue to have the Senior Center open on the 1st and 3rd Wednesday of each month with individually wrapped snacks available on the first Wednesday and a boxed meal available on the third Wednesday. There will be a \$1000 grant application submitted to Thrivent to offset the costs of transportation and meals in 2022.
- 4.4 **Carver County Public Health:** Hallquist shared an email update from Dawn Plummer: *Carver County Public Health is continuing to focus on COVID vaccinations. Many of us including myself are still spending a majority of our time working on COVID related projects. As we watch the Delta variant continue to*



spread, Carver County is now ranked at "High" rate of transmission.
<https://covid.cdc.gov/covid-data-tracker/#county-view> We are following the CDC guidance to wear face coverings indoors regardless of vaccine status. We are continuing to offer vaccine clinics at the Government Center every Tuesday 2-4 pm. All three vaccines offered and walk-ins welcome, the call center is still operating so call with any questions 952-361-1559.

4.5 Carver County Sheriff's Department: Hallquist shared that Coffee Corner with Deputy Voigt will be a quarterly addition to the newsletter.

4.6 House maintenance assistant resources: no report

5.0 New Business

5.1 2022 Senior Advisory Preliminary Budget: Hallquist requested feedback on any proposed needs of the Commission. The recommendation to dedicate a line to bussing reservations has been handled by SMARTLink at no additional cost to the city. Currently, the only item budgeted is Music in the Park. No new items came from the Commission.

5.2 SHIP funds for benches: Monies have been requested and benches ordered.

5.3 Indoor Walking Track Partnership: Lagergren shared information on a potential partnership with Central Schools in an upcoming bond referendum request for a facility expansion. As part of that expansion, there is the potential for an indoor 150 meter, four lane, sports court surfaced walking track would be included at a cost not to exceed \$830,000 to be funded by the city. Discussion focused on the possible benefits to the community, the concern regarding the cost when streets need to be repaired, and the possibility of increasing the size to 200 meters to encourage additional uses for indoor track meets.
Motion by Krueger, second by Durbin to recommend to the City Council to explore the option of partnering with Central Schools to add a walking track to the upcoming facility expansion.

5.4 Senior Insert in City Newsletter: Hallquist requested additional information to be included in the quarterly Senior Section in the September newsletter. Suggestions included information on the City Bus and the opening of the Senior Center.

6. NYA Council Update

Krueger shared the following: search continues for the new City Administrator, Highway



212 expansion updates, Wilson Street sidewalk completed, Willkommen Grandstand mural completed; Mau Cemetery restoration completed; Highway 212 Trail Lights almost completed; Willkommen Pavilion painting completed, Fire Department Rescue 11 detailing almost completed; Little Library at Legion Park completed, Ordinance on dogs and cats on athletic fields completed. In addition the following are works in progress: replacing the playground equipment at Legion Park, new signage for Industrial Park Boulevard, Downtown Streetscape Redevelopment Grant; marketing video by Orangeball Creative, West Carver Retail Committee work on researching food retail options for the community.

7. Adjournment

Motion by Simmons, second by Krueger to adjourn at AM. Motion passed 7-0.

Respectfully submitted,

Karen Hallquist, Economic Development/Marketing Director

September 10, 2021

St. John's Lutheran Church
Attn: Board of Elders
101 SE 2nd Ave
Norwood Young America, MN 55397

RE: Grant Opportunity

Dear Sirs,

I am a longtime member of St. John's Lutheran Church and serve as the Vice President Commissioner for the City of Norwood Young America Senior Advisory Commission. I am applying for this grant in the hopes of increasing support to our local senior citizens with a donation to the NYA Senior Center.

It is very important for all senior citizens to feel welcomed and safe in our community. The NYA Senior Advisory Commission started the NYA Senior Center on August 21, 2019. The goal of the senior center is to connect local seniors ages 55+ in joining together in a safe and welcoming environment to socialize, play games (Bingo; Sheephead), share a meal, and learn about local senior resources.

Due to COVID, the NYA Senior Center shut down in March 2020. The Senior Advisory Commission has been preparing to open again in the Fall 2021. The center will be open the first and third Wednesdays of each month. Here are some of the positive changes the committee has planned:

- Location moved from Lion's Shelter to the Willkommen Memorial Park Pavilion: The goal is to offer more space, full kitchen, sound system for events, and more bathrooms.
- Pre-packaged snacks (1st Wed) and meals (3rd Wed) each month: The goal is to offer healthy food choices and recipe ideas to those in attendance.
- Free bus service: The goal is to alleviate any transportation barriers so that all senior citizens within city limits have the opportunity to attend.
- "Lunch & Learn" education sessions: The goal is the host quarterly education sessions that address senior topics such as scams, safety, communications and wellness.
- Free Advertising: The goal is to reach all NYA senior citizens through the NYA City Newsletter, NYA-TV, local newspaper, Community Education brochures, City and Chamber social media, and local church bulletins.

All of the activities run through the NYA Senior Center are done through volunteers and donations. It is my hope to be considered for the St. John's Lutheran Church grant to help with expenses. The Norwood Young America senior community deserves it!

With many blessings,

Carolyn Durbin
528 Devonshire Dr
Norwood Young America, MN 55397



 COPY

Date: August 23, 2021

To: Members of the City Council

From: Carol Lagergren, Mayor

Re: Update on the Harbor

On Wednesday, August 18th, Karen Hallquist and I met with Laurie Hilgers (Harbor Executive Director) and Dena Meyer (Ecumen Vice President of Living Spaces and Partner Services and Operations) to review information from 2020. In the past, staff and members of the Council met quarterly with staff from Ecumen and The Harbor to review highlights, answer questions and talk about any upcoming concerns. Attached is a Partner Report provided by Ecumen.

Highlights include:

- COVID preparedness: Ecumen worked with staff from The Harbor throughout the pandemic to support a rapid response to a rapidly changing environment. This included providing PPE when needed. To better prepare for the future, Ecumen now has a warehouse containing additional PPE to allow a quicker turnaround to meet future needs.
- COVID screening: Currently The Harbor has a self-screening station at their entrance. Ecumen is recommending they move to an automated system called care.ai (an entry screening and facility monitoring Command Center that lets staff know how many people are in the facility, when they arrived, if they presented with temperatures or screening questions out of the norm in real time). Laurie will be researching costs to install this system and will present the information to the city for possible reimbursement through the American Recovery Plan Funds we received.
- COVID vaccination overview: Ecumen has made the decision to require all team members to be fully vaccinated or complete a vaccine declination process by October 1st. Currently 44% of the team members of The Harbor/Haven are fully vaccinated. The current plan will require all unvaccinated team members to take weekly antigen tests.

Norwood Young America

310 Elm Street West PO Box 59 - Norwood Young America MN 55368 - (952)467-1800 - www.cityofnYA.com



- **Occupancy Trends:** As of June 30th, The Harbor was at 78% occupancy. This is lower than the past. However, Ecumen is seeing a trend back toward higher occupancy as we move through the pandemic, but residents are entering assisted living facilities with greater needs than in the past. As Laurie moves through the budgeting season, she will be balancing the greater support needs of residents with the newer reduced occupancy levels to determine future staffing.
- **Assisted Living Licensure** - This new licensure requirement went into effect in August of 2021 and required several changes to current practice. The overall goals of the licensure required greater pricing transparency by unbundling rent, services and meals when communicating with residents; updated Electronic Health Record (EHR) assessments; and new regulations for disaster planning and emergency preparedness. The Harbor has received their Assisted Living Licensure and will continue to work through any additional required changes. To support this process, there will be no changes in rent through 2022.
- **Management Contract** - This three year contract will expire in December of 2021. The Haven has requested a joint meeting with Ecumen to review the proposed changes to the contract. At this time, Ecumen is proposing no increase in management fees for 2022.

Recommendation: Discussion only

Norwood Young America

Ecumen Partner Report

Harbor/Haven Board Meeting
August 10, 2021

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ECUMEN[®]

Portfolio

Ecumen operates nearly 100 properties and provides services in more than 30 communities in 5 states.

Ecumen develops living spaces, home and community based services and work spaces that reflect its commitment to exceptional care, advocacy for those it serves and employs, equality and inclusivity.

Named one of six senior living providers to watch in 2020 by *Senior Housing News*.



Mission, Vision & Values

MISSION:	Ecumen advocates for older adults, providing housing choices, compassionate healthcare, and innovative services to support connected, fulfilled lives.		
VISION:	Every older adult has a home with innovative services to live the life they choose.		
VALUES:	SERVE	We treat people with dignity and respect.	
	INNOVATE	We put people at the heart of what we do.	
	EMPOWER	We find new ways to exceed people's expectations.	
	HONOR	We encourage people to dream and take action.	

Key Attributes of Philosophy



ECUMEN™

Experience

HOUSING

- Ecumen has extensive experience and success at providing independent housing to hundreds of individuals in the older adult community across multiple states, as well as being a provider of skilled nursing care, assisted living, memory care and other needs-based senior care across eight states
- Value also comes from a highly-skilled, well-trained, experienced and dedicated workforce
- Ecumen takes great pride in the services it provides to those who have chosen to be residents
- Has worked closely with HUD and other agencies to develop tenant selection guidelines that are fair and equitable to all and that help ensure a safe, affordable and enjoyable quality of life

ADVOCACY

- Ecumen strongly advocates for those it serves and practices diversity and inclusion—proudly embracing the differences among people
- Ecumen welcomes all people as customers, employees and vendors, regardless of race, color, age, national origin, sex, gender identity, sexual orientation, religion, physical ability, marital status, political beliefs, economic status
- Ecumen strives to uphold a culture where everyone is included and treated with dignity and respect. Honoring diversity and inclusion inspires people to engage, create, innovate and help drive organizational success. By giving all people the opportunity to contribute their skills, experience, passion and perspectives, Ecumen is a stronger company

Harbor/Haven

2020/2021

COVID - 19 Preparedness & Safety Highlights 2020

Health and Safety Team & Communication Management

- Dedicated infection control team
- Rapid response guides created
- 24/7 response telephone line created for team members, residents and families
- Internal website developed specifically for COVID -19 accessible to all team member leaders

Supplies/PPE Equipment

- Centralized sourcing, tracking, inventory and disbursement
- Strong supply chain in place

COVID - 19

Preparedness & Safety Highlights 2020

Screening

- Active screening of residents and team members
- Robust screening for vendors and essential visitors
- Symptom and exposure tracking and tracing
- Single point of entry into community

Training and Support

- Mandatory COVID - 19 training for all team members
- Conducted 1:1 site preparedness trainings and counseling sessions with frequent touchpoints
- Grant Funding/Emergency Funding

COVID - 19

Preparedness & Safety Highlights 2020

Best Practices

- Navigated team member shift change guidance, source control masks universal masking, face shields, and masks for residents
- Created new precautions and isolation areas if needed for new residents and symptomatic residents
- Cleaning high touch areas regularly
- Implemented all CDC, CMS and MDH guidelines
- Created Ecumen Stay Safe strategies to outline steps to ease policies or re-implement as COVID-19 evolves
- Daily practice to transition new operating structure and continue critical business operations while planning for uncertain future.
- Expense control tracking and approvals in place for COVID -19 expenses

COVID - 19

Preparedness & Safety Highlights 2020

Innovation

- Implemented virtual orientation for all team members
- Stay Connected program in place -allowing families to stay connected via iPads, Zoom and Outdoor Connection Stations
- Recruiting - implemented text recruiting for team members, virtual interviews, virtual job fairs
- Project Dwell - created guidelines and tools to boost census during the pandemic and beyond

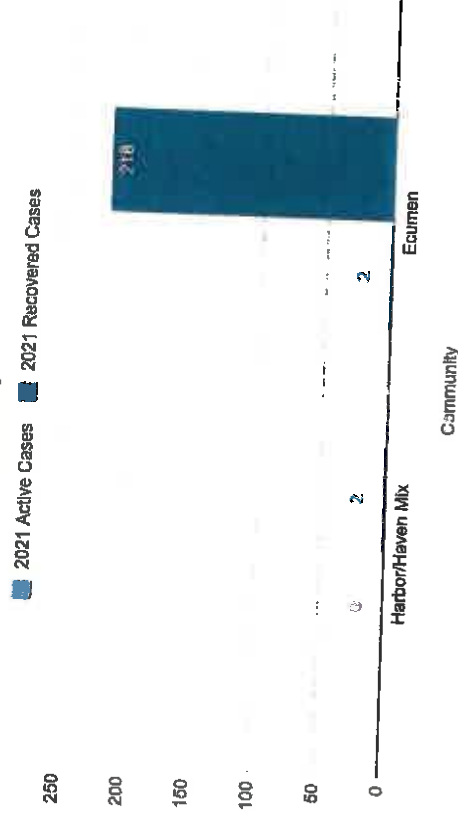
Testing and Case Management

- Baseline testing completed
- Surveillance testing of team members and residents in progress
- Dedicated team to help support testing activities and manage COVID -19 cases

COVID-19 Results and Outcomes as of August 9th, 2021

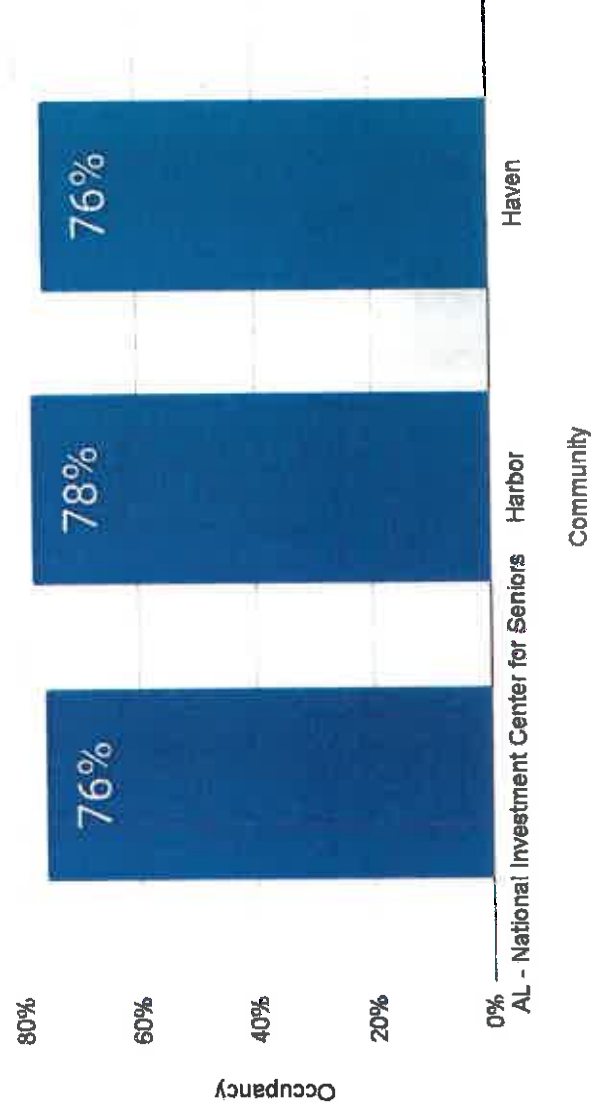
Community	Total Active Cases	Total Cases Recovered	2020 Recovered Cases	2021 Active Cases	2021 Recovered Cases
Ecumen	2	1218	1006	2	218
Harbor/Haven Mix	0	40	38	0	2
The Harbor	0	6	5	0	1
The Haven at Peace Village	0	34	33	0	1

2021 COVID-19 Cases Summary



Occupancy Trends as of June 30th, 2021

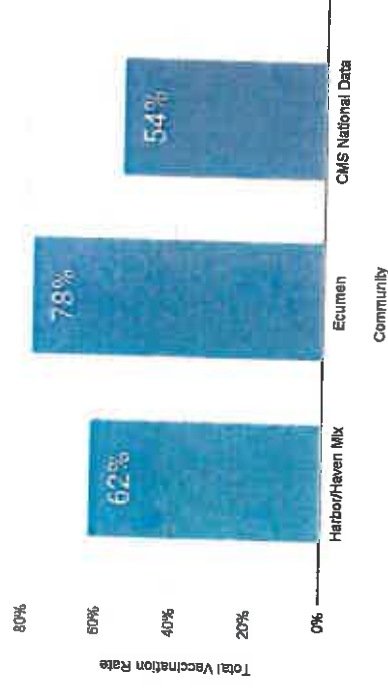
National Investment Center for Seniors vs Harbor and Haven



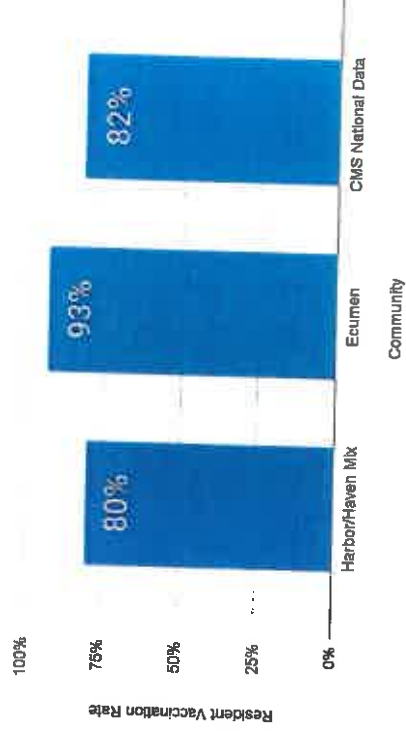
COVID -19 Vaccination Status as of August 9th, 2021

Community		Total Vaccinated	Team Member Vaccinated	Residents Vaccinated
CMS National Data		54%	59%	82%
Ecumen		78%	69%	93%
Harbor/Haven Mix		62%	44%	80%

Total Vaccination Rate



Resident Vaccination Rates



COVID - 19 Vaccine Updated Protocol

COVID-19 Health & Safety Updates

- Ecumen has made the decision to require all team members to be fully vaccinated or complete a vaccine declination process by October 1st
- Shelley Kendrick announced the new changes through our Resident Family Letter on August 6th stating, *"One of the most important things we all can do is to get vaccinated. We are grateful to all who've chosen to receive the vaccine -- especially our team members, residents, and those who visit our communities. At this time, COVID-19 vaccines are our best defense against the virus and its variants."*

Team Member COVID Vaccination Declination SOP

- Team member is offered COVID-19 vaccination and provided EUA fact sheet for review. This should occur during the first week of employment (integration) at the community.
- If the team member communicates they would like to decline COVID-19 vaccination, provide educational materials noted on this step and allow team member time to read through each item.
- Offer to answer any questions the team member may have and engage in an interactive discussion. Review educational materials with the team member. The objective is to educate the Team Member helping them realize the value of the vaccination.
- If the team member elects vaccination, proceed to the vaccination consent process. -OR- If the team member continues to communicate they are unsure or disinterested in vaccination, assign the required COVID-19 vaccination training modules in Relias.
- Offer to answer any questions the team member may have and engage in an interactive discussion.
- Complete the COVID-19 vaccination declination form with the team member and ask the team member for the reason they have chosen to decline vaccination.
- Document the team member's declination decision on the community COVID-19 Vaccination Log. Indicate that the team member declined and identify the reason for declination on the "Declination Reason" column of the Google Sheet.
- Inform the team member of Ecumen safety protocols for unvaccinated team members that include, at minimum: Wearing a surgical mask at all times while working, unless regulatory agencies require a higher level of precautions, Wearing eye protection at all times while working, unless regulatory agencies require a higher level of precautions, Weekly COVID-19 testing, unless regulatory agencies require an increased frequency of testing, Unvaccinated team members will maintain social distancing recommendations, when possible. Explain that elevated standards for PPE use and testing have been implemented for unvaccinated team members to promote the health and safety of both them and the residents and team members they will work closely with during their shifts.
- Re-approach unvaccinated team member and re-offer COVID-19 vaccination within the team member onboarding period. Start at Step 2.
- Routinely meet with unvaccinated team members and re-offer COVID-19 vaccination. If the team member elects to be vaccinated, update the vaccination acknowledgement form and proceed to vaccination.

Assisted Living Licensure August 2021

- Assembled a Project Team to ensure organization consistency
- Supported communities through LALD and Facility license applications
- Unbundled rent, services, and meals for pricing transparency
- Updated EHR Assessments to ensure compliance
- Identified and addressed disaster planning and emergency preparedness to comply with regulations
- Trained teams on new ALL regulations
- Held weekly webinar training sessions along with supplemental Relias training modules
- Developed and send resident communication to ensure transparency
- Developed updated resident contracts | leases

In the News

Ecumen in the News

This year, as families have struggled with the challenges of COVID-19, Ecumen has shared the story of its commitment to connecting residents with their loved ones.



- [Kare 11 — Families enjoy critical connection with loved ones in LTC centers](#)
- [KEYC Mankato — Area nursing homes get creative with outdoor visits](#)
- [Duluth News Tribune — Ecumen Lakeshore gets creative to offer outdoor visits](#)
- [Senior Housing News — 6 Senior Living Providers to Watch in 2020](#)
- [Shelley Kendrick Joins Select Thought Leaders on the International Council on Active Aging's COVID-19 Senior Living Task Force](#)

THANK YOU

September 10, 2021

St. John's Lutheran Church
Attn: Board of Elders
101 SE 2nd Ave
Norwood Young America, MN 55397

 **COPY**

RE: Grant Opportunity

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All of the activities run through the NYA Senior Center are done through volunteers and donations. It is my hope to be considered for the St. John's Lutheran Church grant to help with expenses. The Norwood Young America senior community deserves it!

With many blessings,

Carolyn Durbin
528 Devonshire Dr
Norwood Young America, MN 55397



 **COPY**

Date: August 23, 2021

To: Tim Schochenmaier, Superintendent and District 108 School Board

From: Norwood Young America City Council

Re: Letter of Support

The Norwood Young America City Council supports exploring a partnership with Central Schools on the upcoming bond referendum to add an indoor walking track to the facility expansion project. The ground-level track would be a 150 meter, four lane track with a sports court surface (ideal for running and walking, and accessible to walkers and wheelchairs). The indoor walking track would be available before and after school hours through an outside entrance and would be free to all citizens. The total cost of the project would be approximately \$830,000 with the total cost paid by the city. Grant opportunities will be researched to fund a portion of the total cost.

We understand that if Question #2 does not pass with voter approval, the walking track will not be constructed. Please contact us with any additional questions.

Sincerely,

Carol Lagergren, Mayor
Craig Heher, Council Member
Alan Krueger, Council Member
Mike McPadden, Council Member
Charlie Storms, Council Member

Norwood Young America

310 Elm Street West PO Box 59 - Norwood Young America MN 55368 - (952)467-1800 - www.cityofnya.com

Senior Advisory Commission 2021 Goals Review

Housing		
Goal	Action Steps	5 Year Plan
Maintain all senior housing establishments as fully occupied	Continue exceptional care at current senior housing establishments	Research potential for additional senior housing facility
Keep aging population in their homes longer with home improvement options for accessibility and safety	Support CCPH with efforts for home assessments by AARP and create list of local handymen to help with improvements	
Support City Planning Commission in their efforts of researching and recommending ADU's (Accessory Dwelling Unit) as a viable senior housing option **Goal completed	Communicate with City and Community about requirements for ADU in order to share information with aging families	Explore new affordable senior housing options, such as: senior cottages, senior co-ops, garage lofts, tiny homes

Transportation		
Goal	Action Steps	5 Year Plan
Utilize the bus more for senior trips including partnership trips with Comm Education	Market bus with NYA Senior Center participants, city newsletter, church bulletins, cable access channel	Research the need for a 2 nd campus bus
Offer more medical appointment trips	Advertise 2 nd & 4 th Tuesday NYA trips as also medical appointment trips	
Maintain partnership with SmartLink for bus scheduling	Continue communications with SmartLink and city as bus needs change	Advocate to improve SmartLink individual service using 5310 bus
Increase volunteer bus drivers or community car trip volunteers	Reach out to local churches to ask for volunteers	Educate seniors on Uber and LIFT service

Education		
Goal	Action Steps	5 Year Plan
Hold three "Lunch & Learns" by Office of Aging and/or Tri-Ad at 3 different locations in NYA	1.Peace Villa - Scams & Decal program 2.Peace Villa - TBD 3.NYA Senior Center - Personal Safety	Research means for educating seniors on technology options
Promote more intergenerational activities.	Continue conversations with church youth, Boy/Girl Scouts, FFA, Lions clubs, etc. for events/fundraisers	Increase intergenerational events
Educate seniors and homebound individuals about alternative food resources	Support and invite community to "Let's Talk Food" event hosted by CCPH & City via social media, city newsletter, newspaper, cable access & churches	
Continue opportunities to work with CCPH about health/safety issues	Promote "Aging with Gusto" three-part series at NYA Senior Center in fall	
Increase awareness of home safety options to the local aging population	Make available the AARP Home Safety Guide at senior centers and churches	

Promoting Physical & Social Activity		
Goal	Action Steps	5 Year Plan
Increase participation for the senior community to the following events: <ul style="list-style-type: none"> Senior Dances 	Offer and promote participation of events using the bus service, advertise events to senior community on local	Give input to the city/community organizers in support of a community center

<ul style="list-style-type: none"> • NYA Senior Center • Lunch & Learns • Music in the Park • National Night Out • Taste of NYA • Stiftungsfest • Community Ed classes/trips 	<p>access channel, city newsletter, fliers, senior center, Community Ed brochures and social media</p>	
<p>Hold "Matter of Balance" Falls Prevention sessions</p>	<p>Find local volunteers to pass the exercise courses to lead the Matter of Balance sessions</p>	

Action: Commissioners are requested to review the 2021 goals and discuss goals for 2022 in the below format.

Monitor and expand housing options for seniors

- Receive updates on local senior facilities including Peace Villa, Oak Grove Residence, The Harbor, The Haven and Reflections
- Review annual Ecumen report
-
-

Provide safe options for seniors to get around

- Monitor City of NYA bus trips
- Create an annual bus outing schedule and advertise in Community Ed brochures, City Newsletter, fliers and NYA-TV
- Work with SmartLink and city staff to schedule weekly shopping trips and bi-monthly outings
-
-

Identify and promote education and social options for seniors

- Host the NYA Senior Center at the Willkommen Memorial Park Pavilion on the first and third Wednesdays of each month from September to May
- Organize three "Lunch & Learns" at the NYA Senior Center
 - 1.
 - 2.
 - 3.
- Share information from Carver County Public Health updates about COVID-related concerns, food resources and senior citizen wellness
- Share information from the Carver County Sheriff's Department about community concerns regarding senior citizens
- Create a quarterly insert in the City Newsletter specifically addressing senior citizen topics
- Utilize the NYA-TV to promote all Senior Advisory Commission activities
- Research and share information on local house maintenance assistance resources
- Partner with Peace Village to sponsor a Music in the Park night
-
-
-