



SENIOR ADVISORY COMMISSION

Agenda for February 18, 2021 – 9:00am

Via Zoom Meeting – Link:

<https://us02web.zoom.us/j/88242171291?pwd=ZllyZnUrNkU1SS9INitQL2JNM29wQT09>

SENIOR ADVISORY COMMITTEE and PARTNERS

Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.

COMMISSION MEMBERS

Carolyn Durbin*, JR Hoernemann*, LaVonne Kroells*, Lois Schultz*, Tom Simmons*, Kay Hampshire*, Cathleen Williams*

SENIOR HOUSING ADVISORS

Bonita Heilman – The Haven, Laurie Hilgers – The Harbor, Brenda Schmitz – Peace Villa, Anne Marie Stolp – Oak Grove

COMMUNITY/CITY REPRESENTATIVES

Alan Krueger* - City Council, Karen Hallquist – City Hall, Corp. Jordan Voigt – CC Sheriff Office, Dawn Plummer – CC Public Health
(*) voting members

1. Call meeting to order
2. Oath of Office – Renewal of Commissioner JR Hoernemann
3. Adopt agenda
4. Approve minutes from January 21, 2021
5. Updates

Monitor and expand housing options for seniors –

5.1 Senior Residence Updates

- a. Harbor / Haven
- b. Peace Villa
- c. Oak Grove

Provide safe options for seniors to get around –

5.2 City Bus

Identify and promote education and social options for seniors –

5.3 NYA Senior Center

5.4 Carver County Public Health

5.5 Carver County Sheriff's Department

5.6 Senior Buddy Program

5.7 Community Education

6. New Business

6.1 Senior Survey in March 2021 City Newsletter

7. NYA City Council Update

8. Adjournment

Next Senior Advisory Meeting – Thursday, February 18, 2021 @ 9:00am via Zoom Meeting

SENIOR ADVISORY COMMISSION

Minutes - January 21, 2021 - 9:00am

Via Zoom Meeting

Attendance:

Commission Members Present: Carolyn Durbin, Lois Schultz, Cathleen Williams, LaVonne Kroells, Kay Hampshire, Tom Simmons, Alan Krueger (City Council)

Advisors Present: Anne Marie Stolp (Oak Grove), Bonita Heilman (Harbor/Haven)

Community Representatives: Corp. Jordan Voigt, Dawn Plummer (CCPH)

Staff Present: Karen Hallquist (Economic Development Director)

Others Present: Carol Lagergren, Mayor

1. Call meeting to order

Chair Kroells called the meeting to order at 9:01am

2. Oath of Office - Renewal of Commissioners LaVonne Kroells & JR Hoernemann

Kroells read the Oath of Office. Hoernemann not present.

3. Appointment of Officers

Motion: TS/LS to appoint LaVonne Kroells as Chair, Carolyn Durbin as Vice Chair, and City Staff as Secretary.

Motion passed 6-0.

4. Adopt agenda

Motion: CD/CW to adopt the agenda with the additions of 8c: His House and 8d: Pharmacy. Motion passed 6-0.

5. Approve minutes from December 17, 2020

Motion: CD/CW to approve minutes from December 17, 2020 with the following corrections:

- *Peace Villa report - "Williams" misspelled*
- *Oak Grove report - The food shelf delivers the leftover food to Peace Villa and Oak Grove each week, not Mackenthun's. Motion passed 6-0.*

6. New Business

a. Review new agenda format

Lagergren shared that all commissions are reformatting their agendas to keep commission goals front and center.

The suggested three action phrases can create additional conversation and make the goals more achievable:

- Monitor and expand housing options for seniors -
 - Updates from senior facilities keeps the conversation fluid about the potential need for more senior housing
 - Allows conversations about "aging in place" and ADUs.
- Provide safe options for seniors to get around -
 - Creates discussion on the need for monitoring bus capacity, trip locations days/times, etc.
- Identify and promote education and social options for seniors -
 - Encourages discussion on how to reach all seniors in the NYA Community
 - Create a "senior only" insert in the City newsletter
 - Create a "senior only" survey to ask about basic needs (food, cleaning, shoveling, mowing), transportation, education (Lunch & Learns, etc.)

b. Open Meeting Law Review

All commissions have been presented with information on the Open Meeting Law. This requires that any meeting of governmental bodies be open to the public. Lagergren shared that any discussion of official city business with a quorum of commissioners (regardless of in-person, email or telephone) outside of the formal meeting is a violation of the Open Meeting Law. This law is important as the public has a right to be informed - for notice of the meeting, relevant materials for the meeting and to be present at the meeting. Lagergren also shared that local officials cannot accept a gift from any interested person.

c. Bidding and Quote Process for Minnesota Municipalities

All commissions have been presented with information on the Bidding and Quote Process for MN Municipalities. Lagergren shared the reasoning of this process is because public money is being used for public projects, city

taxpayers should receive the lowest obtainable price from a responsible contractor, and the process provides a level playing field to all contractors bidding the project.

7. Senior Residence Updates

a. Harbor / Haven

Heilman reported the following:

- The Harbor has 4 open apartments, 34 residents, 11 turnovers
- The Haven has 5 open apartments, 24 residents, 8 turnovers
- Memory care has 8 open apartments, 4 residents, 13 turnovers
- Residents and staff being tested weekly and have all been negative in the last two weeks
- Will be going back to communal dining
- Doing Zoom communion with St. John's Church
- Moderna vaccines coming the week of January 26th

b. Peace Villa

Heilman reported the following:

- Full occupancy with 6 turnovers in the last 2 months – typically a 6-9 month waiting list

c. Oak Grove

Stolp reported the following:

- One bedroom/den apartment and a one-bedroom apartment are available
- Fitness room is open again
- Humanity Alliance meals for residents to sign up are coming from Eden Prairie – some residents like the meals and some do not
- A vaccine truck will be coming from Ridgeview in the coming weeks

8. Senior Services/Project Updates

a. NYA Senior Center – still closed

b. City Bus

Hallquist shared the city bus is available for residents to use. They must call City Hall to schedule at this time.

Heilman reported the Harbor/Haven residents are looking forward to their trips again.

c. His House

His House is a non-profit organization run by Martha Brandon. They give food service assistance to homeless individuals who are re-establishing residency. Kroells shared that this organization could also help to bring food to those in our community who do not have transportation or financial means. The big question is how to get ahold of those people. Brandon presented a local hardship case to Kroells and was seeking assistance from Senior Advisory. After much discussion it was decided to suggest contacting Carver County Social Services.

d. Pharmacy

Schultz shared that the November 2020 StarTribune reported that 30% of small local pharmacies are closing. She contacted Representatives Nash and Emmers to voice her concern. Kroells shared that questions asking about prescription needs and asking if local seniors are utilizing their local pharmacy should be included in the senior survey.

9. Community Updates

a. Carver County Public Health

Plummer shared that the State of MN determines the quantities of vaccines throughout the state. Last distribution Carver Co received was for 600 doses. At this point, Walgreen's and CVS are contracted through the state to administer vaccines at skilled nursing facilities. Stolp will get numbers of residents at Oak Grove who are interested in getting the vaccine to Plummer. Plummer explained that healthcare facilities were first in line for the vaccine, skilled nursing facilities next and then the counties are allocated a certain amount. Half of vaccines are not given out as they are needed for the second dose. Schultz asked about communication of vaccine information to those seniors who do not have technology. Plummer will check on this.

Plummer also shared about a "Senior Buddies Program." This is for residents of Carver County over the age of 65 who are living at home. The program is to aid in assisting resources and mental health/wellness checks. Once the program is approved the information could go in the City newsletter. The intentions are to have Carver County staff the program.

b. NYA City Council

Hallquist reported about the Free Food Distribution at city hall on Wed, February 3, 2021 starting at 1pm. Kroells also welcomed new council member Alan Krueger to the commission.

c. Carver County Sheriff's Department – Triad

Corp. Jordan Voigt had to leave the meeting early. He will be introduced and give his report at the February meeting.

10. Adjournment

Motion: TS/LS to adjourn. Motion passed 7-0.

Next Senior Advisory Meeting – Thursday, February 18, 2021 @ 9:00am via Zoom Meeting

Respectfully Submitted,

Karen Hallquist, Economic Development Marketing Director



TO: Senior Advisory Commission

FROM: Karen Hallquist, Economic Development Marketing Director

DATE: February 18, 2021

SUBJECT: Senior Survey for March 2021 City Newsletter

Senior Survey Questions

The West Carver County Food Retail Committee will be inserting a survey in the upcoming February 2021 City Newsletter. Their survey is all about food resources and questions about where people currently get their groceries, what they would want from a new grocer in town and how/if they would support a new grocer. Senior Advisory Commissioners requested staff to develop questions for the Senior Survey. Survey results can be used for future educational instruction, communications, local resources, bus scheduling, etc. Here are some suggestions:

Demographic Information

1. How long have you been a resident of NYA?
 - a. 0-2 years
 - b. 3-5 years
 - c. 6-10 years
 - d. 11-20 years
 - e. 20+ years
2. What is your age range?
 - a. 55-59
 - b. 60-69
 - c. 70-79
 - d. 80+
3. Do you live in your own home?
 - a. Yes
 - b. No
4. Are you a veteran?
 - a. Yes
 - b. No

Transportation

5. Do you have your own means of transportation?
 - a. Yes
 - b. No
6. Did you know that the City of NYA has a city bus?
 - a. Yes
 - b. No
7. Do you know how to schedule a ride with the NYA city bus?
 - a. Yes
 - b. No

8. Would you utilize the bus more if there was a specific schedule of trip locations like Coborn's, Mackenthun's, Aldi, Target?
- Yes
 - No
 - Other - please list the locations you would like to go: _____

Quality of Life

9. Do you receive at-home care?
- Health/wellness
 - Food delivery
 - Pharmacy delivery
 - Other _____
10. Have you been contacted to schedule a COVID-19 vaccine?
- Yes - already received it and/or already scheduled
 - No
11. Do you utilize the local Southwest Carver County Food Shelf that is located in NYA?
- Yes
 - No
 - If not, why _____
12. Please list any wellness services that you could benefit from: _____

Communication

13. Do you own a computer and use it for email, communications, local updates?
- Yes
 - No
14. How do you find out about local city and county events/happenings? Please select as many as you like:
- Phone
 - Email
 - Newspaper
 - City newsletter
 - NYA-TV Channel
 - Conversation
 - Other _____

Education

15. Would you be interested in attending local "Lunch & Learns" tailored to senior needs?
- Yes
 - No
 - Maybe
16. What senior educational sessions would you be interested in learning more about?
- Aging in place
 - Nutritional Counseling
 - Security & Scams
 - Exercise & Recreation
 - Other _____
 - Other _____

If you would like more information about the Senior Advisory Commission and how you can help assist the City of NYA in supporting our local senior community, please call (952)467-1810 or email economicdev@cityofnya.com. You can also list your name/phone on this survey and City Staff will follow up with you.

The NYA Senior Advisory Commission appreciates your participation with this survey.

Food Retail Survey

9 Questions, Front & Back Sides of Page

This is the same Survey that was dispersed at the Free Food Distribution Event in Norwood Young America on 2/3/2021. If you have already submitted this Survey, we THANK YOU for your help, but ask you not to submit another.

The West Carver County Food Retail Committee (a new Minnesota nonprofit) is asking for public reaction as we explore new grocery options for Norwood Young America. The Committee is made up of Carver County residents who are investigating starting a locally-controlled grocery, while the City of Norwood Young America continues to seek a grocery business to move into Norwood Young America. ****The West Carver County Food Retail Committee is not associated with the City of Norwood Young America nor with Carver County****

Please complete and mail this Survey to:

West Carver County FRC

P.O. Box 642

Norwood Young America, MN 55368

OR

Complete online through Google Forms:

<https://forms.gle/RePqysrV3pFu3V6P8>

(please complete and submit this survey only once)

All responses are anonymous. If you have any questions, please contact: westcarvercountyfrc@gmail.com. Thank you for your time and feedback!

- West Carver County Food Retail Committee

1) Where do you currently purchase the majority of your groceries?

- ☐ Aldi ☐ Cub Foods ☐ Family Dollar ☐ Dollar Fresh ☐ Home delivery service
☐ Coborn's ☐ Mackenthun's ☐ Target ☐ Convenience store ☐ Other: _____

2) How important are the following factors in determining your food purchases?

	Very Important	Moderately Important	Slightly Important	Not Important
Location of store	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Store hours	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Variety of products	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Availability of specific brands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Availability of products from local farmers/vendors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delivery/Curbside pickup	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Availability of ready-to-eat/pre-packaged meals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3) If a grocery store returned to Norwood Young America, I would most likely:

- ☐ Not only shop there, but be willing to invest time/energy into making the business a success
☐ Shop there exclusively to keep money in our local community
☐ Shop there weekly, but shop sales at other stores as well
☐ Still shop elsewhere to get the most competitive prices
☐ Not change my shopping routine, as I am happy with my current grocery option

4) What additional thoughts do you have about bringing a new retail grocery option to Norwood Young America?

(OVER)

5) On average, how often do you purchase the following items?

	More than once a week	Once a week	Twice a month	Once a month	Less than once a month
Fresh fruits & vegetables	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fresh baked goods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Meat/Poultry/Seafood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dairy Products	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grocery items (canned goods, cereal, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Frozen foods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deli or ready-to-eat meals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

6) If you purchase ready-to-eat/pre-packaged meals, what is the main reason you purchase these items?

- ☐ Convenience ☐ I do not cook
- ☐ No alternate options available ☐ I do not purchase ready-to-eat or pre-packaged meals

7) What are barriers to purchasing the food you/your family want to eat? (check all that apply)

- ☐ Lack of a local grocery store offering the foods I want to purchase ☐ Mobility issues ☐ Lack of time ☐ I don't have any barriers
- ☐ Lack of reliable transportation ☐ Lack of options supporting local farmers/vendors ☐ Finances ☐ Other: _____

8) What is your age range?

- ☐ 18-24 ☐ 25-34 ☐ 35-44 ☐ 45-54 ☐ 55-64 ☐ 65+

9) What is your residential zip code? _____

**This Survey was produced independent of the City of Norwood Young America.
The Survey was created and printed by an organization not affiliated with the City.
This Survey's inclusion in the City newsletter was accomplished at no cost to the City.
The City of Norwood Young America does not require anyone to complete or return this Survey.**