



COVID-19 Preparedness Plan City of Norwood Young America Parks and Facilities

The City of Norwood Young America is committed to offering programs and facilities (as “places of public accommodation”) that are safe for participants, instructors, volunteers, and staff. To ensure that, we have developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Managers and workers are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our communities, and that requires full cooperation among our participants, renters and staff.. Only through this cooperative effort can we establish and maintain the safety and health of our citizens.

Our COVID-19 Preparedness Plan follows Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines, federal OSHA standards related to COVID-19 and Executive Order 20-48, and addresses:

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Screening and policies for participants exhibiting signs and symptoms of COVID-19

All participants in recreation programs and users of city facilities (including youth and adult participants, instructors and volunteers) are expected to conduct a self-assessment before reporting to a Park and Recreation facility; in the case of minors, adult guardians must assess minors for symptoms. If any of the following symptoms are present, participants should stay home and not attend the session or event:

- fever or chills
- cough
- shortness of breath or difficulty breathing
- fatigue
- congestion or runny nose
- muscle or body aches
- headache
- sore throat
- new loss of taste or smell
- nausea or vomiting
- diarrhea

Anyone who has been exposed to COVID19 is asked not to enter city facilities or continue participation in recreation programs. Potential exposure is defined as, "a household contact or having close contact within six feet of an individual with confirmed or suspected COVID19. The timeframe for having contact with an individual includes the period of 48 hours before the individual becomes symptomatic.

Persons with COVID19 who have symptoms and were directed to isolate at home may return to their program under the following conditions:

- at least three days have passed since recovery, defined as resolution of fever without the use of fever-reducing medications, AND
- improvement of respiratory symptoms (cough, shortness of breath), AND
- at least seven days have passed since symptoms first appeared
- individual has received a negative test result



Handwashing

Participants are asked to thoroughly wash their hands immediately prior to leaving home. Indoor restroom facilities may not be available on site for recreation programs; participants are asked to provide their own supply of sanitizer. Hand sanitizer is recommended for use upon arrival and departure from the facility and during the program/rental as needed.

Respiratory etiquette: Cover your cough or sneeze

All participants are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in the trash and wash or sanitize their hands immediately afterward. Respiratory etiquette will be demonstrated on communications to participants and by making trash receptacles available on site.

Protocols for Social distancing

Recreation programs have been modified to comply with CDC and MDH guidelines for social distancing and rental groups shall follow the same guidelines:

- Program and rental group sizes will be limited according to current MDH guidelines, and must include all participants, instructors and volunteers.
- Spectators are not allowed during any program activity where their presence would exceed the Stay Safe MN Plan or Department of Health group size limits, or disrupt the ability for all members to remain six feet apart.
- All members of different households are to maintain six feet of social distancing at all times. Recreation program plans have been written to promote social distancing.
- Participants are to refrain from making contact with each other; no close-contact drills or activities, no high-fives, personal equipment (sports bags, mats, water bottles, etc.) should be spaced out during breaks.
- All recreation programs will take place outdoors at facilities that can accommodate adequate spacing for participants.
- No congregation at recreation programs is allowed, and congestion in the parking lots should be minimized as much as possible.
- Participants are asked to leave their program or rental immediately following the program or rental.



Housekeeping

The following cleaning and disinfection procedures will be implemented for parks and recreation programs:

- Outdoor public spaces, including fields, are not routinely cleaned or sanitized. These items are used at the risk of each user.
- Sharing of program supplies or equipment in the course of a program will be minimized to the extent possible. Participants are encouraged to bring their own equipment and disinfect and sanitize as needed.
- Participants and renters should touch only the equipment assigned to them during the program/rental. Staff may have additional equipment to handle and participants should avoid touching this equipment with their hands.
- If there is equipment that must be shared during the course of a program, it will be disinfected between participants of different households.

The following guidelines apply to rental facilities:

- City staff will clean and disinfect high-touch surfaces such as doorknobs and tabletops between facility rentals. As public spaces, there is potential for them to be contaminated in the time between when they are cleaned by city staff and the rental, so renters are encouraged to clean high-touch surfaces prior to, during, and after use. Facility renters are required to follow the rental policy and applicable cleaning procedures contained within the rental agreement.

Communications and training

This plan will be distributed to all program leaders and renters by city staff, as well as posting the information on our city website.

Reviewed by City Council and certified by:

Mayor of Norwood Young America