Norwood Young America
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SENIOR ADVISORY COMMISSION

Agenda for July 16, 2020 – 9:00am
NYA City Hall Council Chambers

SENIOR ADVISORY COMMITTEE and PARTNERS

Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.

MEMBERS
Carolyn Durbin, JR Hoernemann, LaVonne Kroells, Sandy Roepke, Lois Schultz, Tom Simmons, Kay Hampshire, Cathleen Williams

SENIOR HOUSING
Bonita Heilman – The Haven, Laurie Hilgers – The Harbor, Brenda Schmitz – Peace Villa, Anne Marie Stolp – Oak Grove

COMMUNITY REPRESENTATIVES
Dick Stolz - City Council, Karen Hallquist – City Hall, Deputy Matt Arnst –Sheriff's Office, Dawn Plummer– Public Health

1. Call meeting to order
2. Appointment of Officers
3. Adopt agenda
4. Approve minutes
5. ByLaws
6. Senior Housing
   - 4.1 Harbor / Haven
   - 4.2 Peace Villa
   - 4.3 Oak Grove
7. Bus Updates
8. Senior Services
   - 6.1 Senior Center
9. Updates from Community
   - 7.1 Carver County Public Health
   - 7.2 NYA City Council
   - 7.3 Carver County Sheriff's Department
   - 7.4 Triad
10. 2020 Senior Advisory Goals
11. Adjournment

Next Senior Advisory Meeting – Thursday, August 20, 2020 @ 9:00am @ NYA City Hall Council Chambers

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SENIOR ADVISORY COMMISSION

Minutes for February 20, 2020
NYA City Hall

SENIOR ADVISORY COMMITTEE and PARTNERS

Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.

MEMBERS Present:
Carolyn Durbin, LaVonne Kroells, Lois Schultz, Tom Simmons, Kay Hampshire, Cathleen Williams
SENIOR HOUSING:
Bonita Heilman – The Haven, Brenda Schmitz – Peace Villa, Anne Marie Stolp – Oak Grove

COMMUNITY REPRESENTATIVES:
Dick Stolz - City Council, Karen Hallquist – City Hall, Dawn Plummer– Public Health, Deputy Matt Arnst

Members Absent:
JR Hoernemann, Sandy Roepke, Laurie Hilgers – The Harbor,

1. Call meeting to order

Meeting was called to order by Kroells at 8:30am

2. Adopt agenda

Motion: CD/TS to adopt the agenda as written. Vote 13-0. Motion approved.

3. Approve minutes

Motion: TS/LS to approve minutes from January 16, 2020. Vote 13-0. Motion approved.

4. Senior Housing
   - 4.1 Harbor / Haven
     The Haven is full with 3 reserved.
   - 4.2 Peace Villa
     Fee schedule updates as of June 1, 2020. A one-bedroom apartment has a waiting time of 18 months, two bedroom for a couple is 12-15 months, and not possible for a single person to rent a two bedroom.
   - 4.3 Oak Grove
     In 2019 there were 11 move outs. Currently there are 9 couples with a total of 59 residents with 33 on a waiting list.

5. Bus Updates
   Bus trips are going well and Peggy is doing a great job.

6. Senior Services
   - 6.1 Senior Center
     Current games are Sheephead, 500 and Bingo. There were 17 participants on 02/19/2020. Financially the center is doing well. Participants are not eating as many snacks.

7. Updates from Community
   - 7.1 Carver County Public Health
     There will be a joint senior advisory meeting on April 14, 2020 at the Waconia City Hall with a guest speaker funded by SHIP. There is an Emergency Preparedness Event on June 17, 2020 at the Chaska High School. This will be a simulation of an anthrax attack. LaVonne will talk with the West Carver Lions about volunteering as the event needs 50 players. "Let's Talk Food" is co-sponsored by the City and CCPH to have a community engagement session about the grocery store situation in NYA. Event scheduled for Thursday, April 2nd at 6:00pm at the Pavilion. RSVPs are requested.
   - 7.2 NYA City Council
     The City Council approved a letter of support for Metro Mobility in their efforts of bus driver/volunteer legislation. DS gave an update on the Highway 212 project.

7.3 Carver County Sheriff's Department

Deputy Arnst explained the Emergency Decal Program. These decals will alert first responders to have a heads up with a potential medical condition. CCPH asked about partnering this program with their home visits.

7.4 Triad - TBD

8. 2020 Senior Advisory Goals – see attached.
9. Adjournment

Motion: TS/DS to adjourn. Vote 13-0. Motion approved.

Next meeting: Oak Grove Community Room, Thursday, March 19, 2020 at 9:00am

Respectfully Submitted,

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Karen Hallquist, Economic Development Marketing Director

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Senior Advisory Commission 2020 Goals & Objectives

Housing

Goal	Action Steps	5 Year Plan
Maintain all senior housing establishments as fully occupied	Continue exceptional care at current senior housing establishments	Research potential for additional senior housing facility
Keep aging population in their homes longer with home improvement options for accessibility and safety	Support CCPH with efforts for home assessments by AARP and create list of local handymen to help with improvements	
Support City Planning Commission in their efforts of researching and recommending ADU's (Accessory Dwelling Unit) as a viable senior housing option	Communicate with City about requirements for ADU in order to share information with aging families	Explore new affordable senior housing options, such as: senior cottages, senior co-ops, garage lofts, tiny homes

Transportation

Goal	Action Steps	5 Year Plan
Utilize the bus more for senior trips including partnership trips with Comm Education	Market bus with NYA Senior Center participants, city newsletter, church bulletins, cable access channel	Research the need for a 2nd campus bus
Offer more medical appointment trips	Advertise 2nd & 4th Tuesday NYA trips as also medical appointment trips	
Maintain partnership with SmartLink for bus scheduling	Continue communications with SmartLink and city as bus needs change	Advocate to improve SmarkLink individual service using 5310 bus
Increase volunteer bus drivers or community car trip volunteers	Reach out to local churches to ask for volunteers	Educate seniors on Uber and LIFT service

Education

Goal	Action Steps	5 Year Plan
Hold three "Lunch & Learns" by Office of Aging and/or Tri-Ad at 3 different locations in NYA	1.Peace Villa – Scams & Decal program 2.Peace Villa - TBD 3.NYA Senior Center – Personal Safety	Research means for educating seniors on technology options
Promote more intergenerational activities.	Continue conversations with church youth, Boy/Girl Scouts, FFA, Lions clubs, etc. for events/fundraisers	Increase intergenerational events
Educate seniors and homebound individuals about alternative food resources	Support and invite community to "Let's Talk Food" event hosted by CCPH & City via social media, city newsletter, newspaper, cable access & churches	
Continue opportunities to work with CCPH about health/safety issues	Promote "Aging with Gusto" three-part series at NYA Senior Center in fall	
Increase awareness of home safety options to the local aging population	Make available the AARP Home Safety Guide at senior centers and churches	

Promoting Physical & Social Activity		
Goal	Action Steps	5 Year Plan
Increase participation for the senior community to the following events: • Senior Dances • NYA Senior Center • Lunch & Learns • Music in the Park • National Night Out • Taste of NYA • Stiftungsfest • Community Ed classes/trips	Offer and promote participation of events using the bus service, advertise events to senior community on local access channel, city newsletter, fliers, senior center, Community Ed brochures and social media	Give input to the city/community organizers in support of a community center
Hold "Matter of Balance" Falls Prevention sessions	Find local volunteers to pass the exercise courses to lead the Matter of Balance sessions	