

City of Norwood Young America Senior Advisory Committee

**COMMUNICATING THE SOCIAL, ECONOMIC, RECREATIONAL, CULTURAL, AND
PERSONAL NEEDS OF THE SENIOR PORTION OF THE CITY'S POPULATION**

AGENDA

Thursday, February 12, 2015

8:30 a.m. @ The Harbor

1. CALL MEETING TO ORDER
2. ADOPT AGENDA
3. APPROVE MINUTES OF JANUARY 8, 2015 MEETING
4. 2015 STRATEGIC PLANNING SESSION
5. LOCAL SENIOR GROCERY DELIVERY SERVICE UPDATE
6. UPDATE ON THE HAVEN FACILITY PROJECT
7. UPDATE ON PEACE VILLAGE AND THE HARBOR ACTIVITIES
8. UPDATE ON OAK GROVE SENIOR CENTER ACTIVITIES
9. UPDATE ON CARVER COUNTY ACTIVITIES
10. UPDATE ON CITY COUNCIL ACTIVITIES
11. COMMISSION MEMBER REPORTS
12. ADJOURNMENT

** Next Meeting: March 12, 2015 @ Oak Grove Senior Center*

Norwood Young America
Senior Advisory Committee - Meeting Minutes
January 8, 2015

Attending: Gladys Pederson, Lois Schultz, Dick Stolz, Carolyn Durbin, Ray Kraemer, LaVonne Kroells, Tom Simmons, Laurie Hilgers, and Bonita Heilman.

Absent: JR Hoernemann, Brenda Schmitz, and Steve Helget.

Others Present: Jean Pierson, Carver County Public Health Department, Jeff Buesing, Housing Manager Oak Grove Senior Center.

Staff Attending: None.

1. CALL MEETING TO ORDER

LK called the meeting to order at 9:05 a.m. at Oak Grove Senior Center.

2. ADOPT AGENDA

Motion: TS/RK, the agenda was adopted.

3. APPOINT 2015 OFFICERS AND REVIEW BYLAWS

Motion: TS/RK, to appoint LK as chairperson, CD as vice-chairperson, and BH as secretary. Motion carried unanimously.

Motion: TS/RK, to amend the Bylaws changing the monthly meeting date from the third Thursday to the second Thursday. Motion carried unanimously.

4. APPROVE MINUTES OF DECEMBER 11, 2014 MEETING

Motion: Motion was made by TR, seconded by RK to approve the minutes of the December 11, 2014 meeting with the change that BS was present. Motion carried unanimously.

5. STRATEGIC PLANNING SESSION

The annual strategic planning session will be held at 8:30 a.m., February 12, 2015.

6. LOCAL SENIOR GROCERY DELIVERY SERVICE UPDATE

LK stated that one woman requested more information about shopping before Christmas.

7. UPDATE ON THE HAVEN PROJECT

LH/TS provided an update. The Haven project is on track with the grand opening and ground breaking planned for April.

8. UPDATE ON PEACE VILLAGE AND THE HARBOR ACTIVITIES

LH/BH provided an update. Had lots of Christmas activities last month. Been experiencing a lot of turnover lately. Memorial Service is planned in January.

Peace Villa has also been experiencing a lot of turnover. Replacing the lift to be more reliable during power outages, etc.

9. UPDATE ON OAK GROVE SENIOR CENTER ACTIVITIES

JB provided an update. Effective March 1st will have three unit openings. Schwann's gave a pizza party yesterday. Residents currently do their own birthday parties. Working on getting more activities to promote a "neighborhood" feel.

10. UPDATE ON COUNTY ACTIVITIES

JP provided an update. In respect to WeCab, currently working on getting service in Maple Plain, Watertown, Mayer, etc. Will consider Norwood Young America at a later date.

11. CITY COUNCIL UPDATE

DS provided an update. The Council held a joint meeting with the NYA Economic Development Commission for the purpose of discussing what they can do to attract new businesses to the community. For 2015, the City has contracted with Joanne Foust of Municipal Development Group to be the City's Economic Development Coordinator. In respect to obtaining a second garbage hauler in the community, the City is working on this and hopes to have a second option soon.

12. COMMITTEE MEMBER REPORTS

The Commission consented to change this agenda item to Commission Member Reports.

13. ADJOURNMENT

There being no further business, CD motioned to adjourn the meeting. Seconded by LH and unanimously carried the meeting was declared adjourned at 10:10.

Respectfully submitted,

Steve Helget, City Administrator



TO: Senior Advisory Committee
FROM: Steve Helget, City Administrator
DATE: February 12, 2015
SUBJECT: Annual Work Plan Review

The 2015 Annual Strategic Planning Session will held on Thursday, February 12, 2015 from 8:30 – 11:00 a.m. at The Harbor. Kreg Schmidt, Bolton & Menk, will facilitate the Session.

Attached to this memo is a copy of the 2014 Work Plan along with a summary of the 2014 Strategic Planning Session. As you review these items, please consider any additional issues facing seniors in the community. Also try to determine whether they may be incorporated into one of our four broad goals (Housing, Transportation/Mobility, Education, or Promote Physical and Social Activity) or whether a new goal should be created.

All goals should be designated as either “on-going” or continuous goals, “2015” where action steps will be defined to achieve the goal(s) this year, and “5-Year”, goals the Commission wishes to address but not necessarily this year.

Summary of 2014 Senior Advisory Committee Work Plan Meeting:

Review of 2014 Accomplishments:

1. Participated in Scott/Carver Transportation Forum
2. Held CarFit
3. Participated in Drug Take Back event
4. Participated in Carver County Fair
5. Added additional park benches

Existing broad goals (from 2014 work plan-*prioritized):

1. Transportation and Mobility
2. Housing
3. Education
4. Promote Social Physical and Social Activities

Important Issues Facing the Seniors of Norwood Young America:

1. Housing- Need for memory care, enhanced assisted living
2. Housing- ensuring adequate housing stock for seniors
3. Transportation- campus bus availability to community
4. Education- becoming more aware of resources available
5. Outreach- identifying seniors in need
6. Promote Social Activity- establishing and staffing a senior center

2014 Broad Goals (prioritized*):

1. Housing
2. Transportation and Mobility
3. Education
4. Promote Physical and Social Activities

Additional Goals for 2014:

1. Development of 37-unit Assisted Living/Memory Care facility
2. Enhance existing trails with benches
3. Promote local SmartLink program and routes
4. Better utilize local paper for promotion of activities and services
5. Develop better distribution efforts for marketing and promotional materials
6. Incorporate additional health and wellness classes
7. Pursue senior center, with staffed coordinator

Norwood Young America- Senior Advisory Committee
2014 Work Plan

Prioritized Broad Goals

On-going

Action Steps
2014

5-Year

<p>1. Housing</p>	<p>1. Advocate and educate community regarding future housing and care needs 2. Development of 37-unit Assisted Living/Memory Care facility</p>	<p>1. Development of 37-unit Assisted Living/Memory Care facility A. Secure Rural Development Loan; secure short-term financing B. Groundbreaking, Fall 2014 C. 100% occupancy by 12/31/2015</p>	<p>1. Complete and fill new building 2. Explore senior cottage concept</p>
<p>2. Transportation and Mobility</p>	<p>1. Promote local route - Smartlink program 2. Enhance existing trails with benches 3. Promote local SmartLink program & routes 4. Promote walkability 5. Continue to clear major trails for year-round use.</p>	<p>1. Advocate to improve Smart-link individual service 2. Renew packet information and redistribute to local churches 3. Contact econo foods - delivery services</p>	<p>1. "Senior Services" coordinator 2. Provide "We Cab" pilot program utilizing volunteer drivers 3. Print local services in newspaper 4. Better utilize newspaper for advertising 5. Develop ways to access/distribute: marketing, promoting resources that are available (i.e. Carver County)</p>
<p>3. Education</p>	<p>1. Continued outreach to seniors outside of Peace Village and Oak Grove Senior campuses 2. Interface with Carver County Library System 3. Make senior resource info available at City Hall 4. Develop articles and informational pieces for local media 5. Technology Education for Oak Grove and Peace Village Residents through Library and Community Ed. 6. Televise senior-specific educational pieces on local cable access channel 7. "Senior Corner" in the City's newsletter 8. Continued liaison with Carver County Office of Aging</p>	<p>1. Hold senior "Scam Seminar" with Carver County Sheriff's Deputy 2. Senior Advance Group identify NYA seniors currently not living in senior housing facilities 3. Bolton & Menk provide GIS data set 4. Make available The Harbor telephone number as contact point 5. Explore opportunities to work with Carver County Public Health Dept. to utilize SHIP 3.0</p>	<p>1. "Senior Services" coordinator 2. 2015 CarFit event</p>

Norwood Young America- Senior Advisory Committee
2014 Work Plan

<u>Prioritized Broad Goals</u>	<u>Action Steps</u>	2014	5-Year
4. Promote Physical and Social Activity	<p>1. Interface with Community Events:</p> <p>A. "Music in the Park" Continued support through:</p> <ul style="list-style-type: none"> (1). Sponsoring an evening of "Music in the Park" (2). Arrange for bus transportation (3). Publicity and awareness <p>B. Stiftingsfest- support through:</p> <ul style="list-style-type: none"> (1). Flowers (2). Napkins <p>C. Senior Dance- support through:</p> <ul style="list-style-type: none"> (1). transportation <p>D. Centre State Theater Production- support through:</p> <ul style="list-style-type: none"> (1). transportation <p>2. Develop a complete understanding of all senior events within the community</p> <p>3. Promote trails map via City website</p> <p>4. Connect with Scouts, 4-H, Service Organizations</p> <p>5. Work with Community Ed.</p> <p>6. Promote "drug take-back program"</p>	<p>1. Bone Builders Program - volunteer</p> <p>2. Adopt a Grandparent program</p>	<p>1. Establish ongoing "senior day" with new City Center Facility</p> <p>2. Research grant options to fund senior center with coordinator</p>